



2018

## Ventura High School Cougar Country

2019



### Bulletin for September 21<sup>st</sup>

## Reminder!

Back to School  
Night! September  
26<sup>th</sup> @ 6:30 p.m.  
starting in the  
Auditorium

## Staff & Students

Back to school night information is on  
the VHS website!

<http://venturausd.org/ventura>

## Clubs

**Heal the Beach club** meeting Friday  
at lunch in room 63. Join us for rock  
painting!

- **MAXWELL**

## Career Center

Concordia University- September 25<sup>th</sup>  
during Period 4

UCSB Presenter- September 26<sup>th</sup>  
during Per 6 & 7

\*Sign up with Mr. Francis in the Career  
Center to attend any college visits.

## Students

Academic Decathlon: All grades, all GPA's  
welcome. Please come to information  
meeting on Tuesday, 9/25 in room 64 during  
lunch- especially if you got a note  
recommending you. **ARICHEA**

### Detention location & time:

Rm 94 (Gaeta): M,W,TH,F

Rm 90 (Weber) Tuesday only

Detention will start promptly 10 minutes  
after lunch starts (allowing students to get  
food & a bathroom break).

M,T,TH,F detention starts at 1pm

Wednesday detention start at 1:10pm

### Letterman Jacket Ordering/Sizing

#### Tuesday Oct. 2<sup>nd</sup>

- A Dagan Sales representative will be here to size and take orders on Tuesday Oct. 2<sup>nd</sup>.
- You will need to bring in your Varsity Letter, any/all patches, and \$75 deposit
- Please sign up w/ Mrs. Ceja in the Student Store to make an appointment.

**HOME COMING!** October 6<sup>th</sup> in Main St Gym  
from 8-10 p.m. Contracts are now in the  
student store! They're due the 28<sup>th</sup>. Last day  
to purchase a ticket is October 4<sup>th</sup>.

## SAP Program

Are you interested in being a PEER MEDIATOR? The SAP is recruiting 10th - 12th grade students with a GPA of 2.0. Sign up in Counseling Office or email Mrs. Richards: [bobbie.richards@venturaedu.org](mailto:bobbie.richards@venturaedu.org)

**Grief individual and group sessions** have begun and will be held every Wednesday (3rd - 5th periods) with Amanda from Livingston.

**Ventura County Behavioral Health (VCBH)** Drug counseling sessions will be held on Tuesdays and Thursdays; tentatively scheduled to begin on September 25th (2nd - 5th period).

If any student is interested in either service, please inform any staff/teacher, your counselor, Mrs. Richards, SAP Counselor in room 41 or send an email to: [bobbie.richards@venturaedu.org](mailto:bobbie.richards@venturaedu.org)

Group Surveys for teachers and students will be available soon.

**Teachers and students** - Your help is needed to help determine what type of groups will benefit VHS students.

Please complete the surveys and return them to Mrs. Richards, SAP Counselor in room 41 or take a pic and send an email to: [bobbie.richards@venturaedu.org](mailto:bobbie.richards@venturaedu.org)

Think of a "NAME" for the SAP office.... (An acronym is a good idea; however not mandatory)

**\*\*noun: acronym;**

An abbreviation formed from the initial letters of other words and pronounced as a word (e.g., *NASA*, *NATO*, *POTUS*).



..... **Field trips**

| Date  | Time                | Teacher | Program        | Destination     |
|-------|---------------------|---------|----------------|-----------------|
| 10/10 | 8:15 am-<br>3:30 pm | Minadeo | AP Art History | The Getty Villa |