



2019

Ventura High School Cougar Country

2020



Bulletin for August 21 - 22

Welcome to the new school year!



Neon Dance

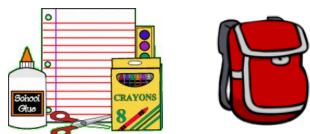
August 30th from 9-11pm in the Main St Gym

Dance Team Tryouts

If you would like to be part of the 2019- 20 Dance Team please come to auditions Thursday, 8/22 3:30 – 5:00pm & Friday, 8/23 from 3:30 – 4:30pm. Both days are mandatory for auditioning. Freshman are highly encouraged to audition. Please email Brittney.Nevison@Venturausd.org if you have any questions.

Upcoming events:

- Student picture make up day August 29th
- Labor Day September 2nd – No School
- Back to School Night- September 17th 6:30pm – 8:40pm



Need school supplies or a backpack? Come see Mrs. Tropper in the Admin office.

VHS Boys Soccer Tryouts



- Monday, August 26th (freshmen & sophomores) 7:00 – 9:30 pm
- Tuesday, August 27th (juniors & seniors) 7:00 – 9:30pm
- Thursday, August 29th (callbacks) 7:00 – 9:30pm

All Work Experience Students- First class meeting will be Wed. Aug. 28 in Mr. Schmidt's room 171 by the pool at 7:30am. Please be prompt and bring your Work Permit. A completed Work Permit is a requirement of the class and **MUST** be submitted by Wed. Sept. 4, no exceptions!

All tryouts will be @ the stadium. **To participate in tryouts please make sure you have completed the sports physical.** You can pick up paperwork @ the VHS attendance office. Bring the physical form to Coach Lonardo ASAP, in room 135.

C.O.U.G.A.R.

C = Caring

Community builders



Monday	Tuesday	Wednesday	Thursday	Friday
Leave a positive note for someone else to find	Treat everyone you interact with as though they are a friend	Decide to be kind to others (and yourself) all this month	Offer your seat, give way or hold the door open for others	Notice when someone is down and try to brighten their day