



2018

Ventura High School Cougar Country

2019



Bulletin for March 8th

Students

Sadie's Dance is Friday, March 15th from 8-10 pm. Ticket sales end Wednesday, March 13th (\$7 single, \$12 couple) Doors open at 7:45, you must have your ID to be able to get into the dance.

Spring 2019 California Scholarship Federation members are posted on the CSF webpage (VHS website→ Students→ CSF logo link→ CSF). Please check your current status and make sure your name is spelled correctly. See Mrs. Sovich for corrections.

Cell phone policy: Students will see in your classrooms, in the library, and around campus our new Cell Phone Expectation posters. These posters have been created to help all students focus on class.

With over 80% approval from Ventura High School teachers and staff, VHS has approved 3 acceptable levels of cell phone use in all classrooms. Please see these levels below and look for your teacher's accepted level in each classroom:

Green:

- May be in your hands for use as your teacher directs for the learning or lesson activity

Yellow:

- Phone on silent
- Music function only
- Must be flat on table face down
- Texts and calls may not be answered

Red:

Cell Phone Free!

- Turned off or on silent
- Phone is put completely away

Saturday school will be held on Saturday March 16. Registration is due this Friday. Please see Mrs. DiPaolo in ASSETS after school today for more information.

Honors English: If you are not currently enrolled in 10th grade Honors English and you are interested in taking 11 AP English next year, please come take the mandatory entrance exam. Mrs. Jones' classroom, room 60, period 7 or afterschool on Thursday, 3/7, Friday, 3/8, or Monday, 3/11. You only need to attend one day.

Lifeguard tryouts Aqua Center 2019

March 8 & 15; March 9 & 16 and March 21st.

Online applications available at:

www.cityofventura.ca.gov - Aquatic Center Jobs

Are you interested in helping Ventura High School?

VHS needs a wide variety of students to take part in committee meetings for our school's accreditation through the Western Association of Schools and Colleges. You must be in 9th – 11th grade and able to participate respectfully in a committee of people with differing opinions. Participation looks great on a college application! If you're interested, please see Ms. Tropper in the front office of the administration building for a brief application.



C.O.U.G.A.R.



G= Generous

Community builders



Monday

Stay fully present while drinking your cup of tea or coffee

Tuesday

Every hour simply take three calm breaths in and out

Wednesday

Eat mindfully. Appreciate the taste, texture & smell of your food

Thursday

Listen to how you speak to yourself. Try to use kind words

Friday

Look around and spot 3 things you find unusual or pleasant

Field trips

Date	Time	Teacher	Program	Destination
3/15	8:00am - 1:15pm	Francis	College Career Center	Ventura College
3/15 thru 3/17	7:00am - 6:00pm	Rickard	Robotics ROP	Valencia High School
3/16	5:30am-7:00pm	Murphy, G.	Robotics ROP	Valencia High School
3/17	5:30am-7:00pm	Murphy, G.	Robotics ROP	Valencia High School
3/22	8:00am - 3:30pm	Reynosa	Chemistry	Cal Lutheran University Science Fair
3/26	8:00am - 6:00pm	Hunt	Wind Honors	West Ranch High School, Santa Clarita, Festival/ Comp
3/27	8:00am - 6:00pm	Hunt	Wind Ensemble, String Orchestra H	West Ranch High School, Santa Clarita, Festival/ Comp

Staff & Students

VHS “What?” Improv troupe’s backstage café this Friday & Saturday night, March 8th and 9th doors open at 6:30 show starts at 7:00pm. \$5 for students, \$7 for adults and \$10 for VIP. Tickets sold at the door.

Car show coming soon! We are having a mandatory meeting at lunch on March 6th. Entry forms will be available in room 37 at that time. The forms must be turned in to Mr. Hays by Monday March 25th. The car show is on Friday March 29th.

Seniors

Cap & Gown! According to the Josten's records, there is a large number of Seniors who have not purchased their cap, tassel, & gown yet. In order to participate in the Graduation Ceremony, you must be appropriately dressed and wearing a Cap & Gown.

If you are wearing a sibling's gown, you may still need to purchase your 2019 tassel.

You can stop by Room 119 (in the portables) for the information packet.

The cost of Cap with tassel & Gown is approximately **\$38.00**. It is listed on the Josten's website as **CAP & GOWN UNIT**.

All Graduation items can be purchased online at www.jostens.com

PTSA senior scholarship program: Applications are now available for seniors. Pick up an application for both the state PTA and VHS PTSA scholarships in the career counseling center. The only requirement is that you be a member of the VHS PTSA. Applications for membership in VHS PTSA will also be available in the Career counseling center. The applications deadline is March 31—essays are required so don't delay—go get your scholarship applications today!!

Completed applications are being accepted for the Bilingual / Multilingual Seal this week. Please see your language instructor or Mrs. Scovell (Rm. 119 – portables) for the application. Applications can be dropped off to Mrs. Scovell through Tuesday March 12th. Remember that it is YOUR responsibility to submit the application on time.

Hello Seniors! Would you like the opportunity to speak to all seniors, their families, and your beloved VHS teachers and staff and the Ventura community for your 2019 Graduation? You must have at least a 3.5 GPA and have a good citizenship record. On Tuesday, March 12th at 1:00 PM (start of lunch) come to the library for more information.

Cypress Place Senior Living is pleased to offer its annual “Senior to Senior” Legacy Scholarships.” Each year two \$2500 scholarships are awarded to qualified high school seniors who demonstrate excellence in academics and who participate actively in the life of the school and the community. If you're college bound and have a GPA of 3.2 or above, fill out an application and attach a written essay on a meaningful relationship with an older person/s and any participation in school activities and two letters of recommendations. The deadline for applying is 5:00 pm, April 19, 2019.