



2019

Ventura High School Cougar Country

2020



Bulletin for March 4 - 5

Math 1, 2 & 3 Help is HERE!

Mr. Biller's room (108)
Wednesdays during 1st period
and Thursday from 3:15 to 4:15pm;
Mr. Rivera's room (56)
Monday – Thursday during lunch.

Registration Questions: Counselors will be available to answer registration questions on Monday, Tuesday & Wednesday, during nutrition and lunch break in front of the Career Center. Don't forget to follow the directions listed on the pink half sheet given to you during your Grade Registration Presentation.

AP exam Late Registration ends on Friday, March 6.

AP exam information and registration forms are available in AP classrooms, the library and office. Students must turn in their AP exam registration form with the receipt attached at the library by Friday.

Students: If you are not currently in 10th grade Honors English and you are interested in taking 11AP English next year, please come take the mandatory entrance exam. Mrs. Jones' classroom, room 60, period 7 after school on Tuesday, 3/3, Wednesday, 3/4, or Thursday, 3/5. You only need to attend one day.

Our Yearbook is almost complete! If you have a club, sport and/or class you want in the yearbook, contact Mrs. Guerrero in room 90 or 105.

C.O.U.G.A.R.S

S = Selfless

Community builders



Monday	Tuesday	Wednesday	Thursday	Friday
<i>Broaden your perspective. Being selfless starts with having the ability to see beyond your personal concerns and empathize with others, even those you've never met.</i>	<i>Think about how other people feel. Empathy and selflessness go hand in hand. If you understand how someone else feels, you'll be more likely to be moved to act selflessly toward that person.</i>	<i>Be selfless even when no one notices. Do it because it's the right thing to do, and because it feels good to help other people when you have the capacity to do so.</i>	<i>Take pleasure in other people's happiness. Rather than focusing on whether selflessness is, in fact, selfish, relish the good feelings that come with helping other people.</i>	<i>Don't hurt someone else for your own benefit. Resist the temptation to cheat, steal, or pull the wool over someone's eyes, even when you're sure you won't get caught.</i>

Career Center

The Port of Hueneme is having a job fair on Saturday, March 7, from 10 am to 4pm. Free to attend! Over 100 jobs available! Go to www.portofh.org/jobs for more information.

We have partnered with Tried and True Tutoring to offer a Mock ACT test on Saturday, March 21st. The practice exam will be from 9am to 1pm at the VHS cafeteria. The cost is \$10/student. They will also be offering an SAT Boot Camp on April 29th and April 30th in the VHS library from 4:00 pm to 6:30 pm for \$99/student. Sign up now online at store.triedandtruetutoring.com. See Mrs. Roberts for more info.

Volunteer Opportunity- Reel Guppy Outdoors is looking for volunteers to assist with 'free fishing Sundays' every 4th Sunday of the month at Port Hueneme Pier. Additional details available in the College & Career Center.



Field trips

DATE	TIME	TEACHER/ COORDINATOR	DESTINATION	# OF STUDENTS
3/4	12:00pm - 3:00pm	Bergfeld	Cabrillo Middle School	9
3/5	8:00am - 11:00am	C. Garcia	Ventura College	32
3/11	7:45am - 1:30pm	Bergfeld	CSUCI	40
3/13	9:00am - 7:45pm	Hunt	Santa Susana High School, Simi Valley	90
3/17	9:30am - 2:00pm	K. Hernandez	Buno Gusto Olive Farm, Ventura	16
3/18 thru 3/19	6:15am - 9:00pm	Bergfeld	Cal Poly SLO,CSU Monterey Bay,San Jose State, UC Santa Cruz	40