



2018

# Ventura High School Cougar Country

2019



## Bulletin for December 7<sup>th</sup>

### Students

**Parking permits are back in:** If you applied for a parking permit please come to Student Services to pick up your parking sticker. See you later! - Mrs. Ramirez

**Reminder!** Make sure you have your school ID if you ride the bus. If you need a new one, see Ms. Sandoval in the attendance office.

**COATS for KIDS-** bring your unused coats, jackets, sweaters, and other cool weather items to room 90 (Mr. Weber). The articles of clothing will be distributed to kids in need of something warm to wear during the winter months.

**Do you have any library fines or obligations?** Check your school Gmail for library notices emailed every Friday to students who have fines and obligations.

\* Remember to return or renew library books before the due date in order to avoid an overdue fine.

### Staff & Students

VHS Theater dept. presents the 5<sup>th</sup> Annual Faculty Improvisation fun-raiser show this Saturday, December 8<sup>th</sup>. One night only! 7:00 pm in the auditorium. Tickets are \$5. Come watch & laugh with some of your favorite teachers and staff!

### Sports

**Boys Golf:** All interested in playing golf this spring come to an organizational meeting with Coach Steward in room 50 at the start of lunch on Thursday, December 13<sup>th</sup>.

**2019 Swim Tryouts** will be Wed. and Thurs. 12/12 and 12/13, from 1:30-4pm in the VHS pool. Bring a suit, towel, and goggles. See Coach Schmidt in room 171 or his website [bit.ly/mschmidtvh](http://bit.ly/mschmidtvh) for details.

## C.O.U.G.A.R

C= Caring

Community builders



#### Monday

Give kind comments to as many people as possible today

#### Tuesday

Listen wholeheartedly to others without judging them

#### Wednesday

Leave a positive message for someone else to find

#### Thursday

Notice when you're hard on yourself or others and be kind instead

#### Friday

Be generous. Feed someone with food, love or kindness today.

# Field trips

Date	Time	Teacher	Program	Destination
12/7	9:00am - 2:30pm	Rossiter	Theater Arts Dept.	The Rubicon Theatre
12/8	6:00am - 8:00pm	Mainz	Model United Nations	Capistrano Valley High School
12/11	11:50am - 2:40pm	Hazan	Dance	Santa Barbara High School
12/16	12:00pm - 4:45pm	Hazan	Dance	Granada Theater
12/20	9:00am - 2:00pm	Locher, J.	English	Rubicon Theater
12/21	9:00am - 1:00pm	Cohen, E.	Digital Photography	Century 10 Downtown Theater
12/21	7:15am - 3:00pm	Hays	Applied Arts/ Auto Shop	Peterson Automotive Museum

## Career Center Happenings

**Seniors:** Looking for FREE MONEY for College? The November scholarship bulletin can be found in the Career Center Computer lab and online at <https://sites.google.com/a/venturaedu.org/career-center/announcements>

## Staff

Staff Challenge: Positives interactions 3-1 Ratio by CHAMPS creator Randy Sprick:

[https://youtu.be/Dbi\\_gsDGk8w](https://youtu.be/Dbi_gsDGk8w)

## Clubs

**Banner Bold** is in high gear, we need submissions of photography and non-fiction so please send in your blooming pieces by March 1<sup>st</sup>.

- G. Raney