



2019

Ventura High School Cougar Country

2020



Bulletin for December 6

Swim tryouts: Spring 2020 Swim and Dive Tryouts will be held Tues. and Wed. 12/17 & 12/18 from 1:30-4pm at the pool. See Mr. Schmidt in Rm. 171 by the pool or go to the website bit.ly/mschmidtvh for further details.

Track Tryouts: Wednesday December 10, from 3:45-4:30pm at the track. If you're in a winter sport you do not need to try out, but rather just come talk Coach Anderson when your sport is done.

Are you in Math 1, 2, or 3 (honors classes included) and need help figuring out a concept? Math Help is HERE! If you have a math question, VHS Mathematics department has answers! Stop by Mr. Biller's room (rm. 108) Wednesdays either during 1st period or after school from 3:15 to 4:15pm. Or, stop by Mr. Rivera's class (rm. 56) Monday – Thursday during lunch.

AP Exams: Students may still register for AP exams through March 6, 2020, but the price for AP exams is now \$135 each.

The annual Coats for Kids Project is happening now until December 20th. The need for new and used coats for citizens of our community continues to be critical. A collection box is located outside the College & Career Center (room 106). Interact Club greatly appreciates your wonderful support of this project!

There are library books due today! (Have you looked at the Date Due card in your library book?) Return or renew your library book before it is overdue!

Upcoming events:

- Also, please return your class novel as soon as you are finished. Other students may be waiting to check out your book! Thank you.

- December 17 - Minimum Day, 12:02 Dismissal

C.O.U.G.A.R.

G = generosity

Community builders



Monday	Tuesday	Wednesday	Thursday	Friday
<i>Give from the heart. Not because you have ulterior motives and want something in return</i>	<i>Spend at least an hour or two a week volunteering for your community</i>	<i>Give away something you love, which you know will do good for others.</i>	<i>Be generous with your kind words and make a goal of giving at least five compliments in a week</i>	<i>Teach someone something you know- a skill or trick that can save them time & money</i>

Career Center

The VCCF Scholarship Program has launched! The application deadline for the 2020-21 cycle is due January 26th at 10 pm PST. VCCF gave out over 400 scholarships, totaling \$1 million, to local students in 2019. don't delay, apply now at <https://vccf.org/scholarships/>.

Stepping into the Right Direction Black College Fair is scheduled for Sunday, December 15th at the Long Beach Convention Center. Students will have an opportunity to attend workshops, forums, and learn about incredible Historically Black Colleges & Universities (HBCU). Register for this free event at <https://www.eventbrite.com/e/stepping-in-the-right-direction-black-college-fair-2019-tickets-75083459649>.

Scholarships

Sunrise and East Ventura Optimist Essay Contest – Deadline December 17, 2019.

Open to all high school students, under the age of 19. Earn the opportunity to win college scholarships from \$300 to \$2,500.

Write an 700-800 word essay on “Is Optimism the Key to Achieving the Dreams you Imagine?”

Applications in the Career Center Computer Lab.

Field trips

DATE	TIME	TEACHER/ COORDINATOR	DESTINATION	# OF STUDENTS
12/6 thru 12/7	3:00pm - 5:00pm	Bergfeld	VCOE	7
12/7	6:00am - 7:00pm	Mainz	Capistrano Valley High School, Mission Viejo	9
12/10	8:15am-12:00pm	Cherrie	The Trade Desk, Ventura	20
12/11	8:00am - 12:30pm	Roberts	JCPennys (Pacific View Mall)	36
12/20	7:00am-3:00pm	Hays	Petersen Automotive Museum	48