



2018

Ventura High School Cougar Country

2019



Bulletin for October 1st- 2nd

Staff

4:1 Ratio of Interactions

Goal: 4 positive comments for every 1 negative comment

Each time you have a negative interaction with a student, remind yourself you "owe" that student several positive interactions. 2. Make a point of periodically scanning your classroom and reinforcing those students who are following expectations.

Career Center

Syracuse University- October 1st, Per 6 in Rm 106

Saint Mary's College- October 8th during period 6 in Rm 106

*Sign up with Mr. Francis in the Career Center to attend any college visits.

Clubs

Interact Club is having its first meeting on October 2nd in the auditorium, hope you can join us at lunch with pizza.

KEY CLUB: Meeting on Wednesday 10/03/2018 during lunch in Room 119. Join us as we plan exciting service events.

Students

HOMECOMING! October 6th in Main St Gym from 8-10 p.m. Contracts are now in the student store! They're due the 28th. Last day to purchase a ticket is October 4th. **You will not be able to attend the dance if you have outstanding detentions pending.**

Academic Decathlon: Monday October 1st, 2:30 – 4:30, Room 64. Any questions-text: 805-390-5786

Detention location & time:

Rm 94 (Gaeta): M, W, TH, F

Rm 90 (Weber) Tuesday only

Detention will start promptly 10 minutes after lunch starts (allowing students to get food & a bathroom break).

M, T, TH, F detention starts at 1pm

Wednesday detention start at 1:10pm

Letterman Jacket Ordering/Sizing Tuesday Oct. 2nd

- A Dagan Sales representative will be here to size and take orders on Tuesday Oct. 2nd.
- You will need to bring in your Varsity Letter, any/all patches, and \$75 deposit
- Please sign up w/ Mrs. Ceja in the Student Store to make an appointment.

CAFETERIA: On October 4th last year's food applications will expire. Please have new applications sent in before the 4th of October to continue receiving the lunch program.

SAP Program

Are you interested in being a PEER MEDIATOR? The SAP is recruiting 10th - 12th grade students with a GPA of 2.0. Sign up in Counseling Office or email Mrs.

Richards: bobbie.richards@venturaedu.org

Grief individual and group sessions have begun and will be held every Wednesday (3rd - 5th periods) with Amanda from Livingston.

Ventura County Behavioral Health (VCBH) Drug counseling sessions will be held on Tuesdays and Thursdays 2nd – 5th period. If any student is interested in either service, please inform any staff/teacher, your counselor, Mrs. Richards, SAP Counselor in room 41 or send an email to: bobbie.richards@venturaedu.org

Group Surveys for teachers and students will be available soon.

Teachers and students - Your help is needed to help determine what type of groups will benefit VHS students.

Please complete the surveys and return them to Mrs. Richards, SAP Counselor in room 41 or take a pic and send an email to: bobbie.richards@venturaedu.org

Think of a "NAME" for the SAP office.... (An acronym is a good idea; however not mandatory)

****noun: acronym;**

An abbreviation formed from the initial letters of other words and pronounced as a word (e.g., *NASA, NATO, POTUS*).



Field trips

Date	Time	Teacher	Program	Destination
10/10	8:15 am- 3:30 pm	Minadeo	AP Art History	The Getty Villa
10/12	5:15 pm- 9:45 pm	Hunt	Pep band/ Drum line	Buena High School
10/13- 10/14	TBD	Lewandoski	Agriculture	San Benito High School