



COUGAR COUNTRY

Two North Catalina Street
Ventura, CA 93001



Bulletin for September 29th, 2017

STUDENTS

Friday's Lunch Menu

Chili Frito Boat
Spicy Chicken Sandwich
Peanut Butter and Jelly
Sandwich
Cheeseburger
Tuna Salad Hoagie
Chicken Caesar Salad with
Dinner Roll

Pepperoni Pizza
Buffalo Chicken
Dark Greens Lettuce Mix
Carrot Sticks
Green Beans, Canned
Corn
Edamame
Polka Dot Tots

Jalapeno Lime Coleslaw
100% Juice Varieties
Fresh Grapes
Fruit Cocktail
Cilantro Lime Brown Rice
Milk

STUDENTS- Are you interested in joining FNL? Please join us on Wednesday, October 4th at 4:00 pm in the CSU. See Mrs. DiPaolo with questions. **DIPAOLLO**

JUNIORS AND SENIORS- Pick up your photos Friday. Come by the attendance office windows only during break, lunch and any free period you might have.

STUDENTS- Reduced lunch applications for this school year need to be renewed. Last year's application expires at the end of the month and you will be charged and expected to pay for meals until your new application has been approved.

LETTERMAN JACKET ORDERING- There will be a sizing/ordering day Tuesday October 3rd in the student store. See Mrs. Ceja in the student store to sign up.

SENIORS- Please submit your Senior quote via goo.gl/jR42d6. The due date is October 18, 2017, your Senior portraits are also due October 18th, 2017. Baby ads are due by November 15, 2017, link is on VHS website. **SELLERS**

CAREER CENTER HAPPENINGS

STUDENTS- A representative from Amherst College will be speaking in the career center on Monday, October 2nd during period 3. Amherst College is a private liberal arts college located in Amherst, Massachusetts. The school is a member of NCAA Division 3 and offers 27 intercollegiate sports teams.

STUDENTS- A representative from Babson College will be speaking in the career center on Tuesday, October 3rd during 6th period. Babson is a private business school in Wellesley, Massachusetts, established in 1919, and is often ranked as the most prestigious entrepreneurship college in the US.

STUDENTS- A representative from UC Santa Barbara will be speaking in the career center on Wednesday, October 4th during period 3. UCSB's renowned faculty includes six winners of Nobel Prizes for landmark research in physics, chemistry and economics.

UPCOMING VISITS- Friday (9/29) – Willamette University (period 6) and Seattle Pacific University (period 7).

STUDENT VOLUNTEER OPPORTUNITY: The Middle School Youth Center (at the First United Methodist Church next to Cabrillo Middle School) is looking for volunteers to assist with their after school program. The center is open M-F from 3:00 to 5:15 pm. Volunteers can serve one day or multiple days a week. See Mrs. Roberts in the career center for more info. **ROBERTS**

STAFF AND STUDENTS

VHS THEATER DEPARTMENT presents Charlotte's Web. Tickets will be sold at the door. Show starts on October 5th, come and see this heartwarming production based on the book by EB White on VHS's main stage.

CLUBS

KEY CLUB- Meeting on Wednesday, October 4th, during lunch in Rm 119 (Portables) New members welcomed! Hope to see you there. **SCOVELL**

STUDENTS- Start your engines with the Ventura Car Club! Come out to the meeting this Friday in room 37. **HAYS**

SPORTS

Nothing to report.

STAFF

Nothing to report.

FIELD TRIP/EXCURSION INFORMATION

DATE	TIME	TEACHER/ CORDINATOR	PROGRAM CLASS	DESTINATION	# OF STUDENTS
10/5	7:30am - 9:30am	Johnson	Biology	Cemetery Park	45
10/6	8:30am - 10:30am	Johnson	Biology	Cemetery Park	45
10/14-10/15	7:00am - 7:00pm	Lewandoski	Agriculture	San Benito H.S.	7