



# COUGAR COUNTRY

Two North Catalina Street  
Ventura, CA 93001



Bulletin for September 9, 2015

## STUDENTS

**SCHOOL IS BACK IN SESSION:** That means that we all need to follow the dress code policy that is printed in your Student Handbook regardless of the weather conditions. If you are not in compliance, the following actions will be taken as follows:

- a. Bring you to the office to change the clothes that do not follow the dress code and/or a phone call to your parent to notify him/her that you are not following the dress code and to bring you the appropriate clothing from home.
- b. If you borrow school clothing to change, you are to return it at the end of the day, if you do not, you will have a disciplinary consequence/monetary obligation.

### DRESS CODE

The following guidelines shall apply to all regular school activities, including dances:

1. Shoes must be worn at all times.
2. Clothing, accessories and personal items (including backpacks and binders) shall be free of inappropriate writing, pictures or any other insignia that makes references to drugs, sex, alcohol, tobacco products, violence, weapons, vulgarity, nudity, racial supremacy or other anti-social behavior.
3. Hats, caps and other head coverings, including scarves and headbands, shall not be worn inside the classroom. Also, gloves are not to be worn.
4. Clothes shall be sufficient to conceal undergarments at all times. See-through or fishnet fabrics, halter tops, off-the-shoulder or low-cut tops, bare midriffs and skirts or shorts shorter than mid-thigh are prohibited.
5. Gym shorts may not be worn in classes other than physical education.
6. Hair shall be clean and neatly groomed. Hair may not be sprayed with any coloring that would drip when wet.
7. NO sagging pants or underwear showing. Pants will be worn at waist.

- C COHEN

**LETTERMAN JACKETS:** Sizing/Orders will be taken on Tuesday, September 22<sup>nd</sup>. See Mrs. Ceja in the Student Store to make your appointment and for more information. **CEJA**

## CAREER CENTER HAPPENINGS

**PSAT (PRACTICE SAT) SIGN-UPS, GREAT NEWS!** VHS has been selected by the College Board to give the PSAT for **FREE** to juniors only. **There are only 234 spots available.** If you're planning to attend a 4-year college, this is your chance to take the PSAT for free. Sign-ups will be **TODAY, Wednesday, September 9<sup>th</sup>, and Friday, September 11<sup>th</sup>, ONLY** during lunch time outside the Career Center. Bring your student I.D. with you and a signed permission slip by your parent/guardian acknowledging that you will take the PSAT on Wednesday, October 14<sup>th</sup>, and will be responsible for missed assignments that day. Pick up a permission slip with Mrs. De La Cruz as soon as possible. **DE LA CRUZ**

**UNIVERSITY OF MASSACHUSETTS AMHERST** will be presenting in the Career Center on Friday, September 11<sup>th</sup>, at 1:45 p.m. Learn about their programs, admission process, and more. Sign up in the Career Center to attend.

**DE LA CRUZ**

**SAVE THE DATE:** Do you have an interest in helping children and families stay safe and live in a healthy environment? Are you passionate about working for your community? If so, then becoming a Social Worker might be the career for you! Attend a Social Worker Career presentation to learn more about what they do and what you can do to prepare yourself educationally to become a Social Worker on Friday, September 11, 2015, at 10:00 a.m. **DE LA CRUZ**

**MOUNT SAINT MARY'S** education for young women will be presenting information on their admission process, majors, programs (including their top ranked Health Policy Major), and more on Tuesday, September 15<sup>th</sup>, at 9:30 a.m. Sign up in the Career Center to attend. **DE LA CRUZ**

**STAFF AND STUDENTS**

**REMEMBER EVERY FRIDAY IS SPIRIT FRIDAY!** Wear your best black and gold or Cougar wear. **HAZAN**

**CLUBS**

**KEY CLUB** meeting **TODAY** during lunch in Room 119 (portables). New club members welcome! **SCOVELL**

**MEDITATION CLUB** meeting **TODAY** in Room 23 at lunch. Everyone welcome! **ANAIS**

**HEAL THE BEACH CLUB MEETING** is this Friday, September 11<sup>th</sup>, at lunch in Room 63. All are welcome! We are planning our annual paddleboard race, join in! **MAXWELL**

**SPORTS**

Nothing to report

**STAFF**

Nothing to report.

**FIELD TRIP / EXCURSION INFORMATION**

<b>DATE</b>	<b>TIME</b>	<b>TEACHER/COORD.</b>	<b>PROGRAM</b>	<b>DESTINATION</b>	<b># OF STU</b>
9/11 thru 9/13	6:00am – 8:00pm	Richards	FNL	Anaheim Hilton, Anaheim	4

\*Events and time subject to change without notice.