

## Local Alcohol/Drug Intervention List

Call to verify dates, times, and locations.

### Alateen & Pre-Teen Meetings—656-7110

- For students who have family & friends who are using alcohol/drugs
  - **Thursday-7:30 p.m.-Ventura-Our Lady of Assumption Church** 3175 Telegraph Rd. Hurley Hall

### Al-Anon—656-7110

- For family & friends of people with alcohol/drug problems
  - For list of meetings [www.alanonventura.org](http://www.alanonventura.org)

### Alcoholics Anonymous-Young People Mtgs.—389-1444

- For students who have a problem with their own use of alcohol/drugs
  - For list of meetings [www.aaventuracounty.org](http://www.aaventuracounty.org)

### Narcotics Anonymous-1-888-817-7425

- General Meeting Not Specific to Youth

### Palmer Drug Abuse Program (PDAP)—482-1265

- For students grades 6<sup>th</sup>-12<sup>th</sup> – prevention, education, support groups
  - **Monday 3:30 p.m.-Ventura-Trinity Lutheran Church**, 196 N. Ashwood Ave.
  - **Tuesday 3:30 p.m.-Ventura-Trinity Lutheran Church**, 196 N. Ashwood Ave.
  - **Thursday 4:00 p.m.-Oxnard-All Saints Church**, 144 S. C St. (corner of C & 2nd)

### Parent Project —

- Parent education program teaching parenting strategies for adolescent behavior
  - Free 10-week class for parents of students grades 6-12. English & Spanish.
  - For list of meetings, go to [www.parentproject.com](http://www.parentproject.com)

### Round Table Counseling, Inc. - 388-3835

- 12 week program for teens ages 13-17 dealing with emotional and behavioral issues  
[www.rtcounseling.com](http://www.rtcounseling.com)

### Tobacco Cessation Groups—641-5000 ext. 1136

- Contact the VUSD Health Services and Prevention Programs or you can Public Health (805)201-STOP (7867) or [callitquits@ventura.org](mailto:callitquits@ventura.org)

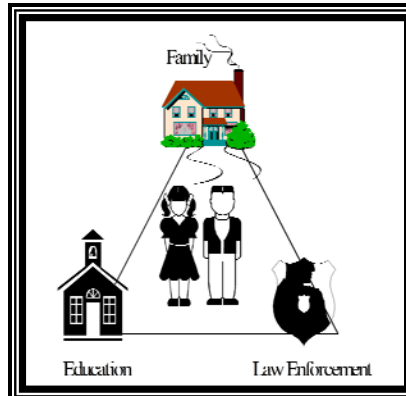


Medi-Cal Assistance  
Veterans Assistance

**Services for the Homeless and Those at Risk of Homelessness**  
**One Stop Center: 10 a.m.—1 p.m. every Tuesday**  
**Ventura Public Health Building**  
**3147 Loma Vista Road**

Hot coffee & sack lunches  
TB & HIV Testing  
Legal Services  
Behavioral Health Outreach  
Substance Misuse Services  
Medicare, Social Security & SSI Assistance  
Food Stamps & General Relief

VCMC ACE Program  
Housing Information  
Medical Care  
Help obtaining medication  
Application Assistance



## SCHOOL-LAW PARTNERSHIP

In a continuing effort to increase student safety and school security, the Ventura Unified School District and the Ventura Police Department combine resources to develop an intensive, pro-active safety program. This ongoing school-law partnership effort is part of Ventura's Safe School/Healthy Student Initiative.

City of Ventura Police Department  
Business-Non-Emergency Calls  
339-4400

In case of emergency call 911



### Why students should be in school on time every day?

- Daily punctual attendance is essential to academic success.
- All students must meet grade level standards to pass to the next level.

**It is the law.** All students are required to be in school until age 18 unless they have earned a diploma, GED or passed the California High School Proficiency Exam.

# Ventura Unified School District Education Service Center COMMUNITY RESOURCE GUIDE 2018 - 2019

- Hot Line Numbers
- Healthcare
- Health Information
- Counseling
- Clothing, Food, Shelter
- Transportation
- Family Support
- Alcohol, Tobacco, Other Drugs
- Low or No-Cost Health Insurance for Children
- Confidential Teen Services
- Tutoring
- After School Childcare & Activities
- Student Assistance/Support
- Local Alcohol & Drug Intervention List
- School-Law Partnership
- Alcohol, Tobacco, other Drugs
- Educational Resources



## DISTRICT GOVERNING PRINCIPLES

Every student can learn.

We will make decisions in the best interest of students.

We will value and celebrate diversity, and treat all people with dignity and respect.

We will operate in a fiscally responsible manner.

We will work as a team.

We will maintain a working environment that promotes professional growth and excellence.

We will celebrate and recognize success, creativity, and achievement through a variety of indicators.

We will embrace families and community as partners in education.

David Creswell, Superintendent

**This guide is not able to include all agencies in Ventura County. Check and confirm services covered under your insurance.**

## 24-HOUR HOT LINE NUMBERS

### Helpline of Ventura County

Food, Shelter, Financial Assistance, Health,	1-800-339-9597
American Cancer Society	1-800-227-2345
Ventura County Behavioral Health Crisis Team (Adult and Children)	1-866-998-2243
California Smokers' Help Line NO BUTTS	1-800-662-8887
California Smokers' Help Line CHEW	1-800-844-2439
Tobacco Education and Prevention	201-7867
Coalition For Family Harmony 24 Hour Bilingual Main Office	1-800-300-2181 805-983-6014
Shelter for Domestic Violence	654-1111
Drug Help Line - www.samhsa.gov	1-800-662-4357
Human Services Agency - Abuse Reporting	654-3200
National Runaway Switchboard	1-800-786-2929
Poison Control - California	1-800-222-1222
The Trevor Lifeline 24/7 suicide prevention (For LGBTQ Youth) www.thetrevorproject.org	1-866-488-7386
National Suicide Prevention Lifeline	1-800-273-8255

## For Emergency Situations Dial 911

### Healthcare Services

May provide emergency care, counseling, physicals, birth control, sexually transmitted diseases/HIV testing, immunizations, nutrition education, eating disorders, prenatal care, alcohol and tobacco cessation. Inquire about sliding scale cost availability. **Check and confirm services covered under your insurance.**

Community Memorial Hospital	652-5011
Center for Family Health	667-2850
Clinicas Del Camino Real	647-6322
Public Health Clinics - appointment desk	981-5221
Teen Clinic, Family Planning	
Oxnard College Dental Hygiene Department	986-5823
Planned Parenthood	1-888-898-3806
VCOE Hearing Conservation	437-1380
Ventura County Medical Center	652-6000
West Ventura Medical Clinic	641-5600
WIC Nutrition Program	981-5251

### Health Information

American Cancer Society	www.cancer.org	1-800-227-2345
American Diabetes Association	www.diabetes.org	1-888-342-2383
American Heart Association	www.americanheart.org	1-800-242-8421
American Lung Association	www.lungusa.org	1-800-586-4872
Autism Research Institute	www.autism.com	1-866-366-3361

## Counseling

Contact Interface for additional community resources at  
211 or 1-800-339-9597

Aurora Vista del Mar Behavioral Health Care	1-800-776-0040 or 653-6434
CLU Community Counseling Services www.calutheran.edu/community_counseling	Westlake 805-493-3390 Oxnard 805-493-3059
City Impact	983-3636
Coalition For Family Harmony	983-6014
Interface Children and Family Services	485-6114
Livingston Memorial Grief Counseling	1-800-223-4862 805-642-1078
Ventura County Behavioral Health	981-6830
Ventura County Behavioral Health-Referrals	981-4233
VIPS- Ventura Early Intervention Prevention Program (Mental Health)	805-642-7033

## Clothing, Food, Shelter

American Red Cross	987-1514
American Indian Council/Candelaria	805-650-8352
1363 Donlon St., #13, Ventura	
Catholic Charities	643-4694
Community Action of Ventura County	436-4000
621 Richmond Ave., Oxnard	
Food Share-Food Bank of Ventura Co.	983-7100
Interface-Ventura County	211 or 1-800-339-9597
Project Understanding	652-1326
2734 Johnson St., Suite E, Ventura	
Salvation Army	805-648-4977
155 S. Oak St., Ventura	
Turning Point Foundation	652-0000
Ventura Housing Authority	805-647-5990
Ventura County-Human Services:	1-888-472-4463
Cal WORKS	658-4100
Cal Fresh (food stamps)	658-4100
Homeless Services Program	658-4100
Job Center	658-4100

## Transportation

Greyhound Bus Lines	1-800 231-2222
VISTA— www.goventura.org	1-800-438-1112
Gold Coast Transit	643-3158

## Family Support

Big Brothers/Big Sisters	484-2282
Kids & Families Together	643-1446
Nat'l Alliance on Mental Illness	Help line 500-6264
www.NAMVentura.org	Office 641-2426
Social Security	1-800-772-1213
6477 Telephone Rd, Ste 1, Ventura	
United Parents-www.UnitedParents.org	384-1555
Ventura Neighborhood for Learning:	
Program Director	641-5000 ext. 1032
Sheridan Way Family Center	641-5081
Mid-Town Family Resource Center	641-5496, ext. 1200

## Alcohol, Tobacco, Other Drugs

(Support Groups and Intervention listed on back page)

Call to inquire about drug/alcohol testing, tobacco cessation, support groups and residential programs. Ask about fee or sliding scale availability.

Action Family Counseling Inc.	1-800-367-8336
Alternative Action Programs	988-1112
Aurora Vista del Mar Hospital	1-800-776-0040 or 653-6434
Call It Quits-VCPH Tobacco Cessation Program	201-7867
Kephera House (Treatment for males 18+)	653-2596 ext. 100
Prototypes (Treatment for females 18+)	382-6296
Narcotics Anonymous	1-888-817-7425
Nicotine Anonymous	1-800-642-0666
Palmer Drug Abuse Program (PDAP)	482-1265
National Drug and Alcohol Abuse Helpline	1-855-378-4734
Ventura County Alcohol and Drug Programs	Oxnard 981-9200 Ventura 652-6919

## Low or No-Cost Health Insurance for Children

Gold Coast Health Plan—MediCal	888-301-1228
www.goldcoasthealthplan.org	
CHDP Program	981-5291
2240 E. Gonzales Rd., Suite 270, Oxnard	



## Teen Services

Friday Night Live/Club Live, www.vcfridaynightlive.org	437-1374
Youth driven, youth led, leadership development	
Grizzly Youth Academy www.grizzlyyouthacademy.org	800-926-0643
California National Guard Youth Challenge Program	
For at-risk teens 16-18 yrs. old, 5 month residential program	
Segue Career Guidance Program	643-3444
www.speakinclass.org	
Tattoo Removal Program:	
Oxnard	204-9500
Santa Paula	933-1242
Westside Police Community Store Front	648-8133
Ventura County Probation Agency	654-2132
Juvenile Probation Services	973-5100
1911 Williams Dr., Suite 175, Oxnard 93036	
www.probation.countyofventura.org	
Services for runaways, minor offenses, help for parents	
Ventura Job & Career Center	654-3435
Pathpoint	654-5297
Jobs for youth 16-21 years	
Crisis Text Line—24 Hours	Text "Home" to 741741
Teen Line—6-10 p.m.	1-800-TLC-Teen Text "TEEN" to 839863

## Tutoring

Academic help for students of all ages. Contact your local school for possible after-school tutoring programs.

Educational Assistance Center	289-6300
Ventura College, 4667 Telegraph Road	
For VC students with physical or learning disabilities	
Project Understanding Tutoring Program	652-1326 ext. 303
Avenue Tutoring Site: EP Foster School, 20 Pleasant Place	
Lincoln Tutoring Center: Lincoln Elementary School, 1107 Santa Clara Street	
Saticoy Tutoring Center: Saticoy Public Library, 11426 Violeta Avenue	
TBT Tutoring Center: Torah Beth Temple, 7620 Foothill Road	
Wesley Tutoring Center: First United Methodist Church, 1338 E. Santa Clara Street	
Orchard Tutoring Center: Orchard Community Church, 8180 Telephone Road	
Ventura College Tutoring Center	289-6026
www.venturacollege.edu/tutoring	

## After School Childcare/Activities

Boys & Girls Clubs	
1440 N. Olive St., Ventura	641-5588
1929 Johnson Dr., Ventura	641-5599
555 E. Mahoney Ave, Ventura, Oak View	649-9000
11321 Violeta St., Ventura (Saticoy)	585-3381
PEAK (Program Enrichment for After-school Kids)	654-7807
E.P. Foster, Lincoln, Portola, Sheridan Way, serving Will Rogers at West Park	
ASES (After School Education & Safety)	641-5000 ext. 1033
Parks and Recreation, City of Ventura	658-4726
Westpark, 450 W. Harrison Ave., Ventura	648-1895
YMCA- Elmhurst, Loma Vista, Poinsettia	642-2131

## Student Assistance/Support

A variety of group/individual support is available at each school for students experiencing difficulties that are interfering with school success. Please call for more information.

Preschools	Elementary Schools
Jumpstart 641-5000 ext. 1029	Blanche Reynolds 289-1817
EIC 672-2705 ext. 2215	Citrus Glen 672-0220
Middle Schools	Elmhurst 289-1860
Anacapa 289-7900	E.P. Foster 641-5420
Balboa 289-1800	Juanamaria 672-0291
Cabrillo 641-5155	Junipero Serra 672-2717
DATA 641-5165	Lincoln 641-5438
Middle School Opportunity	Loma Vista 641-5443
289-0023	Montalvo 289-1872
Project Secure 289-1893	Mound 289-1886
High Schools	Pierpont 641-5470
Buena 289-1826	Poinsettia 289-7971
El Camino 289-7955	Portola 289-1734
Foothill 289-0023	Saticoy 672-2701
Pacific 289-7950	Sheridan Way 641-5491
Child Care ext. 2104	VNfL Family Center 641-5081
HOPE Center ext. 2106	Sunset 649-6600
Ventura 641-5116	Will Rogers 641-5496
	VNfL Family Center ext. 1200
Adult Ed 289-7925	Homestead 289-1817

VNfL= Ventura Neighborhood for Learning  
EIC= Early Intervention center HOPE= Healthy Options for Pacific

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Healthy, Safe, and Supportive Schools Collaborative

Additional copies available through  
Health Programs Office 641-5000 Ext. 1136