

## Healthy School Fundraising Ideas Promoting a Healthy School Environment

### Why should schools be concerned about food fundraising?



- There are state and federal laws/regulations that govern food fundraising and strict limits on foods that can be sold on campus
- School districts may become liable for food safety issues caused by improper food handling or manufacturer defects

### Why should schools promote healthy fundraising?

- Healthy kids learn better
- Schools have a responsibility to encourage healthy eating habits
- Students get the wrong message when unhealthy foods are sold “for a good cause”
- Supports mandated Local School Wellness Policies

### Profitable Non-Food Fundraising Ideas:

#### Support Academics:

- ❖ Read-a-thon
- ❖ Raffle for new library books
- ❖ Bumper stickers promoting student achievements

#### Support Youth Community Involvement:

- ❖ Silent Auction
- ❖ Car Wash
- ❖ Recycling Drive
- ❖ Cookbooks
- ❖ Karaoke Competition
- ❖ Flower Bulbs
- ❖ Hire-a-Teen



#### Support Physical Activity:

- ❖ Walk-or Jog-a-thon
- ❖ Dance contest
- ❖ Bicycle event



#### Support School Spirit:

- ❖ School supplies with school logo
- ❖ Team Spirit clothing
- ❖ Water bottles with school logo
- ❖ Cases for CDs and I-Pods

### Healthy Fundraising Resources (Outside Sources):

<http://www.fundraisingweb.org/usa/california.htm>

<http://www.dashbc.org>

<http://www.cspinet.org/schoolfundraising.pdf>

<http://www.healthy-fundraising.org>

<http://www.state.ct.us/sde>

[http://www.arusd.org/file\\_files/821.pdf](http://www.arusd.org/file_files/821.pdf)