

APRIL 11, 2022

CABRILLO MS STUDENT BULLETIN

PUBLISHED WEEKLY ON MONDAYS



Good morning Mariners and I hope your Spring Break was everything you wanted it to be. It is hard to believe that we are starting the final quarter of the school year....

One of the new things you will notice for this quarter is that there are way more trash bins out during nutrition and lunch. Because of a new state law, every school in the state of California is required to separate all waste into three bins- trash, recycling and compost. Here are some examples of what goes in each bin:

- **Trash:** empty food wrappers/containers, straws, plastic bags and plastic utensils. Anything (napkins, food trays) that is soiled by food should be thrown in this bin as well
- **Recycling:** empty juice/milk cartons, plastic water bottles, clean cardboard trays and clean plastic cereal containers
- **Compost:** any food that is not eaten. Please do not put wrappers or containers in the compost bin. Also, please do not put liquids in this bin. Liquid goes in the trash.

As a reminder, any food that you do not want you can drop in the boxes as you exit the cafeteria.

If you have any questions on what goes where this week, please ask. There will be folks on campus from the city to help us get this program started. Thank you for doing your part to help us keep campus clean and helping keep these unnecessary things out of our landfills!

**NO
SCHOOL
THIS
FRIDAY
APRIL 15**



CAFETERIA MENU

	<u>Nutrition Break</u>	<u>Lunch</u>
Monday	Pizza Bagel	Orange Chicken
Tuesday	Scrambled Eggs & Sausage	Chicken Dippers
Wednesday	Breakfast Quesadi	Chicken Taquitos
Thursday	Ham & Cheese on a Bagel	Mac & Cheese
Friday	NO SCHOOL	NO SCHOOL

* All menus subject to change

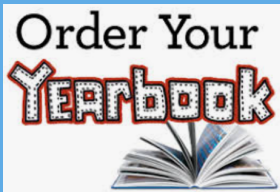


Hello Amazing 7th Graders!

ASB (Associated Student Body) Elections for next year's officers are coming up! This year 7th graders can run for ASB offices such as school president, vice president, secretary and treasurer. To run for office, you must have a strong school spirit, a good behavior record and maintain a 3.0 GPA. Any incoming 8th grader can run for these positions. You do not have to be taking Leadership to run for a position. To make your candidacy official, go to room 52 to pick up an Intent to Run form, gather three teacher recommendations, and prepare your speech! I'm excited to see your magnificent presentations during our ASB meeting on Wednesday, May 11th. All intent to run forms are due back to Ms. Pekar in room 52 by Monday, May 2nd.



Until further notice- there will be no eating in front of Rooms 23 and 24 due to the amount of trash left after lunch and break in this area.



Yearbooks are now \$40 , cash or check only, and only sold in the office. (No online sales or credit cards. We have a limited supply - so get yours soon!



8th Graders: As we head into Quarter 4, keep in mind that there are minimum requirements to participate in end of the year 8th grade activities. We want everyone to be able to take part in these fun end of year traditions!

- 2.0 GPA or better for Semester 2 of 8th grade
- No unsatisfactory citizenship marks Q3 and after
- No School suspensions in Semester 2

CLUBS

Want to start a new club?

- Pick up a club charter application in the office and find a teacher advisor.
- Submit the club application to MS Wright in the office.

Clubs must be approved by ASB.



Talent Club- Monday Room 70 at Lunch

Do you have an amazing talent that you would like to share? Join the Talent Club!



NEW CLUB! Dance Club: Always wanted to know how to dance? Well now you can join the dance club in Room 34 on Mondays starting at 12:45pm! See you there!



Dungeons and Dragons Club- Come and join a group of players in Room 61, in a world of swords and sorcery and heroes bold and true. Come join the Dungeons and Dragons Club on Tuesdays and Thursdays during lunch.



Environmental Club- Meet us every Wednesday in Room 22 at lunch! A club to learn and help keep our environment and school a cleaner place.



Chess and Game Club: *New Day!* Come play games, make new friends and hang out outside on the blue tables near the 50/60's building on MONDAYS at lunch. If you don't know how to play, we can teach you!



Salty Dogs- Thursday Room 30 at Lunch

Do you love saltwater? Are you into surfing, swimming, diving, fishing and/or just love being in, on or under the ocean? If so, come join us for the Salty Dog Club!



The Garden is open! Come on down on Fridays at lunch and join us for corn hole, music, sun and fun. Sorry, no food. We will be open every Friday as long as the weather permits.

VENTURA ATHLETICS

HOME OF CHAMPIONS

FRESHMAN INFORMATION NIGHT

WEDNESDAY MAY 4TH

6:00PM TO 8:00PM

TUTTLE GYM (ON POLI ST)

**MEET THE COACHES/ ATHLETIC STAFF
SUMMER PROGRAM INFO/TRYOUT DATES**

**ATHLETIC CLEARANCE-
REGISTERMYATHLETE.COM**

GO COUGARS

Questions? Please contact
Athletic Director, David Hess
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