



2018

Ventura High School Cougar Country

2019



Bulletin for March 29

Students

The VHS Football Boosters Club awards academic scholarships in the amount of \$500 each to three graduating senior players of the Cougar Football Team who will be attending college. Deadline to submit application is Friday, April 26, 2019. See Coach Garcia for application and more info.

Banner Bold appreciates all of your submissions!! We are working hardy to layout the magazine & we will most likely have it finished by the end of Spring break.

Cell phone policy: Students will see in your classrooms, in the library, and around campus our new Cell Phone Expectation posters. These posters have been created to help all students focus on class.

With over 80% approval from Ventura High School teachers and staff, VHS has approved 3 acceptable levels of cell phone use in all classrooms. Please see these levels below and look for your teacher's accepted level in each classroom:

Green:

- May be in your hands for use as your teacher directs for the learning or lesson activity

Yellow:

- Phone on silent
- Music function only
- Must be flat on table face down
- Texts and calls may not be answered

Red:

Cell Phone Free!

- Turned off or on silent
- Phone is put completely away

Seniors

Good News! PTSA senior scholarship applications deadline has been extended to April 19th!

Pick up an application for both the state PTA and VHS PTSA scholarships in the career counseling center. The only requirement is that you be a member of the VHS PTSA. Applications for membership in VHS PTSA will also be available in the Career counseling center—essays are required so don't delay—go get your scholarship applications today!!

Seniors: Bilingual Seal Testing for those students who need the ELA District Benchmark test will take place on Tuesday April 9th and Thursday April 11th during 4th Period.

Cypress Place Senior Living is pleased to offer its annual "Senior to Senior" Legacy Scholarships." Each year two \$2500 scholarships are awarded to qualified high school seniors who demonstrate excellence in academics and who participate actively in the life of the school and the community. If you're college bound and have a GPA of 3.2 or above, fill out an application and attach a written essay on a meaningful relationship with an older person/s and any participation in school activities and two letters of recommendations. **The deadline for applying is 5:00 pm, April 19, 2019.**

Seniors: Oral assessments for the State Seal of Biliteracy will take place on Wednesday, **April 17th** & Thursday, **April 18th** In the Library during 4th Period.



C.O.U.G.A.R

G= Generous

Community builders



Monday

Mentally scan down your body and notice what it is feeling

Tuesday

Tune in to your feelings, without judging or trying to change

Wednesday

As you walk, notice the sound of each step and how it feels

Thursday

Stop work earlier and use the time to be still and relax

Friday

Appreciate your hands and all the things they enable you to do

Field trips

Date	Time	Teacher	Program	Destination
3/29,3/30,3/31	7:00am - 6:00pm	Rickard, Murphy	Robotics ROP	Ventura College Robotics Competition
3/31 - 4/2	8:45am - 6:00pm	Bergfeld	AVID	San Diego colleges
4/18	7:40am - 3:30pm	Locher, Dietz	English	The J, Paul Getty Museum
4/20	12:00pm - 6:00pm	Bergfeld	German class	LAX Airport
4/25 - 4/28	7:00am - 9:00pm	Zero, Raney, G.	Journalism,Yearbook, Creative Writing	Anaheim Convention Center, Anaheim
4/26	7:30am - 3:30pm	Minadeo	Art	Norton Simon Museum
4/29	8:00am - 3:30pm	Schuck	SAI - guided study	California Science Center
5/4 - 5/5	6:00am - 6:00pm	Hunt	Wind Ensemble	San Diego State University

KEY CLUB: Meeting for ALL members and friends on Wednesday, 4/10 in room 119. The meeting will take place during lunch, so bring your lunch, ideas, and a friend. See you there 😊