VHS WEEKLY UPDATE

Ventura High School - 9/9/2022

VENTURA HIGH SCHOOL
FREE TUTORING

Please check out the tutoring opportunities available at Cougar Country.

Teacher	Room	Subject	Time	Date
Rigo Rivera	56	Math (All Levels)	Lunch	Mon-Fri except 4th Fri. of the month
Jared Honda	24	Math (All Levels)	7:30 A.M. - 8:30 A.M.	Mon - Fri
Chris Jaquette	66	Physics, Chemistry & Earth Science	2:45 P.M. - 4:45 P.M.	Wednesdays
Karen Reynosa	64	Chemistry	1st & Lunch	Mon - Fri
Erin Jones	209	English	Lunch & 7th Period	Mon - Fri

BIKE & SKATEBOARD SAFETY

Helmits are required under the age of 18 when on your bicycle, skateboard or electric bikes.

Also, please make sure you are yielding to vehicles and stopping at signs or signals. Avoid devices usage when in motion.

Herlmet/ safety Violations will be taken seriously by the Ventura Sheriff's Dept.

Parents, please remind your students who are pedestrians, skateboards, and bicyclists to not be on their device while in motion. Also, please tell them to wear their helmets properly secured.



care solace

Calming the Chaos of Mental Health Care

Care Solace connects students, staff, and their families to care. At no cost to you, Care Solace will quickly and confidentially find available mental health and substance use providers matched to your needs.

Find the right help at the right time.

MULTILINGUAL SUPPORT

A multilingual team is available 24/7/365 to help you understand options, call providers on your behalf, and schedule an appointment.

CARE REGARDLESS OF INSURANCE

Connect to care with any coverage including Medicaid, Medicare, and sliding scale options for those without insurance.

EASY ACCESS TO CARE

Use Care Match, the self-serve website, to find a provider on your own.

GET CONNECTED TO CARE TODAY

888-515-0595

caresolace.com/vusd

care solace

Calming the Chaos of Mental Health Care

Please note: Care Solace is not an emergency response service or mental health services provider. In the event of a life threatening emergency, call 9-1-1 or the National Suicide Hotline 1-800-273-8255.

Gap Periods: Students w a Period 1/2 gap may arrive at start of Period 3 or 4. If arriving prior to class time, library or quad are designated areas.

NEON DANCE

September 9th , 8:00 pm - 10:30pm, @ Main St Gym. Tickets will be available at the door for $8, cash only. Must show school ID or student Q.

FOOTBALL HONOREES

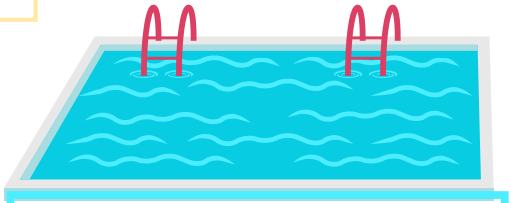
Congratulations to all our VHS and Super Fans game honorees. They will be recognized before the game.

VHS STAFF:

Jaime Gallegos
Schatzi Sovich
Rigoberto Rivera
Joshua Koontz

2022 SUPER FAN HONOREES:

Robert Rivas
Mike Pulido



VHS POOL

The VHS Pool will have increased surveillance after sports usage. individuals violating pool rules will be contacted and cited by VPD.

FOOD DELIVERIES

No food deliveries from outside vendors such as Uber Eats and Door Dash are not allowed. Please pack a lunch for your student or encourage them to eat a free meal at our cafeteria.



ASSETS ENRICHMENT OFFERINGS

ASSETs is an enrichment program that offers tutoring and a safe space for students to catch up on their work and create new friendships in the CSU (Cafeteria).

- Tutors are available for English and all other subjects on Monday, Tuesday, Thursday from 2:30-5:30.
- Math tutors are available on Monday, Tuesday, Wednesday, Thursday from 2:30-5:30.
- You can also access snacks and fun enrichment activities at ASSETs. ASSET supplies can be used for art and school projects.
- permission slip available for tutoring
- ASSETs Program Coordinator, Laura Van Auker @ laura.vanaucker@venturausd.org for more information.



SENIOR LOCKERS AVAILABLE - SEE MS. SANTOS IN THE FRONT OFFICE

VHS WEEKLY UPDATE

Ventura High School - 9/9/2022

VHS School Site Council For 2022-24 Needs Volunteers!

There are 3 parent openings and 1 student opening on the SSC for 2022-2024. If you are interested, please fill out the attached Candidate Information Sheet and return it to Erin Shean at VHS before September 26. Your name will be added to the ballot and parents will vote on the new SSC members at Back to School Night September 28. Thank you for your consideration.

What is School Site Council?

¿Qué es el Consejo de Sitio Escolar?

Candidate Form- English

HOJA DE INFORMACIÓN DEL CANDIDATO

PURCHASE TICKETS ONLINE FOR ATHLETIC EVENTS!

Ventura High School Athletic Events
9/12 – 9/17/22

Day	Date	Sport	Opponent	Location	Time	Bus
Tue	9/13/22	Girls Volleyball	Santa Barbara	Home	4, 5, 6:30 PM	
		Girls Golf	Oxnard	Buenaventura GC	3:00 PM	
		Girls Tennis	San Marcos	Away	3:00 PM	1:15 PM
		Boys Water Polo	Santa Barbara	Away	3:15 PM	1:15 PM
Thur	9/15/22	Girls Volleyball	Buena	Home	4, 5, 6:30 PM	
		JV, Frosh Football	Santa Barbara	Away	4, 2:00 PM	3:30, 2 PM
		Girls Tennis	Rio Mesa	Home	3:00 PM	
Fri	9/16/22	Varsity Football	Santa Barbara Woodbridge	Away	7:00 PM	3:30 PM
		Cross Country	Invite	Irvine, CA	3:00 PM	10:00 AM
		Boys Water Polo	Newbury Park	Away	3:15 PM	1:30 PM
		Girls JV Volleyball	Valencia JV Tourney	Valencia HS	3:00 PM	
Sat	9/17/22	Girls JV Volleyball	Valencia JV Tourney	Valencia HS	9:00 AM	

BOYS GOLF

Meeting for any new and returning players next week.

- Thursday, 9/15/22 in room 112 at 12:15 PM.



Social Media Outlets:
Instagram: @venturahscougars
Twitter: @VHSVenturaHigh

VHS FRONT OFFICE HOURS: Mon-Fri, 7:45 A.M. - 4:15 P.M.

Library Hours: Mon-Fri, 8 A.M. to 4 P.M.

STUDENT STORE INFO:

ASB STICKER (STUDENT): $45.00

- FREE TO ALL HOME SPORTING EVENTS (EXCEPT CIF GAMES)
- DISCOUNT ON DANCES

ADULT ATHLETIC PASS: $60.00

- FREE TO ALL HOME SPORTING EVENTS (EXCEPT CIF GAMES)

PE SHIRT: $10
PE SHORTS: $15

NEW STUDENT STORE HOURS: 8 A.M. - 3:45 P.M. (MON - FRI)*

***CLOSED 12:45 - 1: 45 P.M. & HOURS MAY VARY DEPENDING ON SCHOOL-WIDE EVENTS OR ATHLETICS. STUDENTS NEED THEIR STUDENT ID FOR ALL TRANSACTIONS. THANK YOU!**



Free rides on public transit for students across Ventura County! Make sure you have your student ID with you for verification.

Drumline / Pep Band Information:
Open to any student who is interested in playing at the football games (potentially marching band).
Mariachi/Corridos music club at VHS! See Paul Hunt for more information.









VHS WEEKLY UPDATE

Ventura High School - 9/9/2022

SCHOOL SAFETY ALERT:

Designated drop off/pick up zones:
- in front of softball field by Main St. turnout in front of softball field)
- Student parking lot off Poli St.
- Curbside Catalina St. and Hall Canyon St.

Vehicles must be at a complete stop in safe zones before student exists out of the vehicle.

Additional VPD Patrol will be on Main St. between Seward and Catalina to monitor students crossing the street to campus.

Please utilize the crosswalks and pedestrian signals.



Please be mindful of public and VUSD transportation vehicles.

VHS COUNSELORS 2022-2023

- **Sonja Frias (A-Conn)** — SONJA.FRIAS@VENTURAUSD.ORG
- **Thomas Favero (Conr-Grat)** — THOMAS.FAVERO@VENTURAUSD.ORG
- **Teri Dath (Grav-Loe)** — TERI.DATH@VENTURAUSD.ORG
- **Kate Raney (Lof-Pan)** — KATHRYN.RANEY@VENTURAUSD.ORG
- **Mary Anderson (Pap-Sha)** — MARY.ANDERSON@VENTURAUSD.ORG
- **JOSHUA FRANCIS (She-Z)** — JOSHUA.FRANCIS@VENTURAUSD.ORG
- **FRANCISCO CASTILLO** (All ELs that haven't been redesignated except for a few seniors) — FRANCISCO.CASTILLO@VENTURAUSD.ORG

SHERI WERNER
STUDENT ASSISTANT PROGRAM
SHERI.WERNER@VENTURAUSD.ORG

DEBBIE FREEMAN
STUDENT ASSISTANT PROGRAM (Part-time)

PATRICIA ROBERTS
COLLEGE & CAREER COUNSELOR
PATRICIA.ROBERTS@VENTURAUSD.ORG

MESSAGE FROM CALIFORNIA INTERSCHOLASTIC FEDERATION (CIF) AS WE BEGIN THE 2022-23 SCHOOL YEAR ATHLETIC SEASONS, WE INVITE YOU TO #BETHECHANGE!

Sportsmanship is simple, treat others how you would want to be treated. Respect the game and everyone participating including student-athletes, coaches, officials, and spectators. Education-based athletics is more than winning, it's about academic development, equity, and character. Be Responsible, Be Respectful, #BeTheChange!

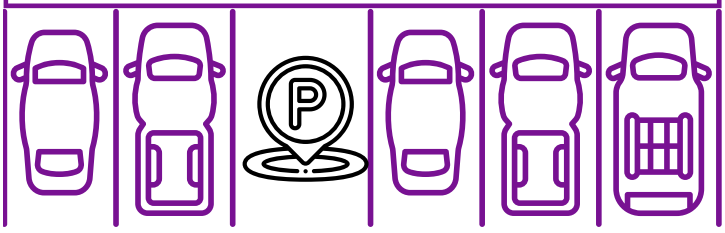
VUSD COVID NEWS:

Ventura Unified School District continues to follow Ventura County Public Health's updates and the California Department of Public Health school guidance.

If a student or staff member feels sick, we ask that they please stay home. For more COVID guidance information, please go to the COVID Resources Webpage.

STUDENT PARKING LOT

- Closed during passing periods & nutrition. Students will only have access during lunch.
- A senior can request a locker by stopping by the front office and speaking with our facilities secretary.



DRESS CODE POLICY

VHS is a professional school institution with high expectations that models appropriate attire for a safe and meaningful educational experience for all.

APPROPRIATE SCHOOL DRESS:
- Free of inappropriate writing, pictures or any other insignia that makes reference to drugs, sex, alcohol, tobacco products, violence, weapons, vulgarity, nudity, racial supremacy and/or gang related.
- Shoes must be worn at all times.
- Clothes should be sufficient to conceal undergarments at all times.
- Guidelines for physical education and athletics must be followed in alignment to course expectations.

OFF-CAMPUS POLICY

OFF CAMPUS-PASS: APPLICATIONS FOR PASSES ARE CURRENTLY AVAILABLE AT THE ATTENDANCE WINDOWS. PASSES WILL BE RENEWED AND DISTRIBUTED IN WEEK 3 OR 4 OF SCHOOL.

Criteria:
- Upperclassmen: Juniors and Seniors
- 2.0 unweighted GPA
- Good Citizenship-No Suspensions
- No school obligations: detentions, library/student store fines
- Less than 1 full day of truancy (3 unexcused absences)

Privilege and can be revoked for any unsatisfactory performance level (attendance, academic, poor citizenship/behavior, loitering while off campus, etc.). Off-Campus Pass criteria will be reviewed at the quarter.
Parent/Student Signature
Applications must be submitted within 10 days of the 1st day of school or the new semester. Off-Campus applications will be available through the attendance windows.

ATTENDANCE POLICY

UNEXCUSED TARDIES/ABSENCES:
Daily automated calls for tardies and absences.
Students will be obligated to attend detention and/or Saturday school to attend school dances/senior activities/field trips if they have unexcused absences or tardies.

Saturday schools will be assigned and notifications to families will be sent.
Detention will be student initiated in fulfilling their obligations prior to upcoming school events (dances, senior activities and field trips).

DETENTION/SATURDAY SCHOOL CRITERIA:
After 6 tardies students will serve detention for any tardy thereafter or an obligation will be noted.

3 unexcused period absences (more than 30 minutes late)
Full day unexcused absence

DETENTION CLEARS 2 TARDIES.
SATURDAY SCHOOL ATTENDANCE CLEARS UNEXCUSED PERIOD ABSENCES AND UNEXCUSED DAY ABSENCES.

*** If more accumulated, additional detentions/Saturday Schools will need to be served.***

SATURDAY SCHOOL DATES:



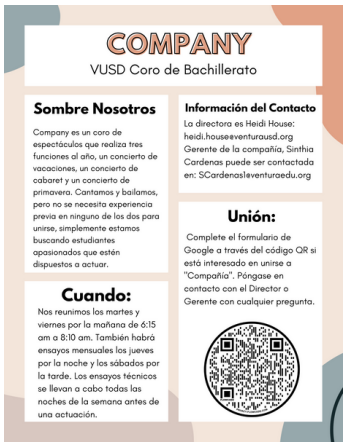
September 17
October 1
October 15
November 19
December 10
January 21, 2023
February 4
March 4
March 18
April 15
May 20
June 3

ACTUALIZACIÓN SEMANAL DE LA VHS

Ventura High School - 9 de septiembre de 2022

HORARIO DE ATENCIÓN AL PÚBLICO DE LA VHS: Lunes-viernes; 7:45 A.M. - 4:15 P.M.

Horario de la biblioteca: Lunes-viernes, 8 A.M. to 4 P.M.



¡El Consejo Escolar de VHS para 2022-24 necesita voluntarios!

Hay 3 vacantes de padres y uno de estudiante en el SSC para 2022-2024. Si usted está interesado, por favor llene la hoja de información del candidato adjunto y devolverlo a Erin Shean en VHS antes del 26 de septiembre. Su nombre será añadido a la boleta y los padres votarán sobre los nuevos miembros del SSC en la noche de regreso a la escuela el 28 de septiembre. Gracias por su consideración.

¿Qué es el Consejo de Sitio Escolar?

HOJA DE INFORMACIÓN DEL CANDIDATO

ALERTA DE SEGURIDAD ESCOLAR:

Zonas designadas para dejar/recoger a los niños:
- frente al campo de softball por el desvío de la calle Main frente al campo de softball)
- Estacionamiento para estudiantes en la calle Poli
- Acera de Catalina St. y Hall Canyon St.

Los vehículos deben estar completamente parados en las zonas seguras antes de que los estudiantes salgan del vehículo.

Patrulla adicional de VPD estará en Main St. entre Seward y Catalina para monitorear a los estudiantes que cruzan la calle hacia el campus.

Por favor, utilice los cruces peatonales y las señales de peatones.

Por favor, sea consciente de los vehículos de transporte público y VUSD.

ENTREGA DE ALIMENTOS

No se permiten entregas de comida de vendedores externos como Uber Eats y Door Dash. Por favor, empaque un almuerzo para su estudiante o anímelos a comer una comida gratis en nuestra cafetería.



2022-2023
VENTURA HIGH SCHOOL INVITA A NUESTRO
Comité Asesor para los Alumnos (Adulto) Aprendices del Inglés (ELAC)

6 de septiembre
4 de octubre
1 de noviembre
6 de diciembre
7 de febrero
7 de marzo
16 de mayo

MARTES A LAS 6 P.M. EN SALA 50

Envíe un correo electrónico a elizabeth.botello@venturausd.org para más detalles

HORARIO DE LA TIENDA PARA ESTUDIANTES: 8 A.M. - 3:45 P.M. (LUN - VIE)*

INFORMACIÓN DE LA TIENDA PARA ESTUDIANTES

Ventura High School 2022-2023

CALCAMONIA ASB (ESTUDIANTE): $45.00

- GRATIS A TODOS LOS EVENTOS DEPORTIVOS EN CASA (EXCEPTO LOS PARTIDOS DE LA CIF)
- DESCUENTO EN LOS BAILES

PASE DEPORTIVO PARA ADULTOS: $60.00

- GRATIS A TODOS LOS EVENTOS DEPORTIVOS EN CASA (EXCEPTO LOS PARTIDOS DE LA CIF)

CAMISETA DE PE: $10

PANTALONES CORTOS DE EDUCACIÓN FÍSICA: $15

GO GOLDCOAST TRANSIT

Viajes gratuitos en el transporte público para estudiantes en todo el condado de Ventura. Asegúrese de tener su identificación de estudiante con usted para la verificación. Tendremos un día de fotos/proporcionar nuevas identificaciones de estudiantes el 1 y 2 de septiembre en VHS.

ESCUELA DE LOS SÁBADOS

septiembre 17
octubre 1
octubre 15
noviembre 19
diciembre 10
enero 21, 2023
febrero 4
marzo 4
marzo 18
abril 15
mayo 20
junio 3

COMPRA DE ENTRADAS EN LÍNEA PARA EVENTOS DEPORTIVOS

9/12 – 9/17/22

Day	Date	Sport	Opponent	Location	Time	Bus
Tue	9/13/22	Girls Volleyball	Santa Barbara	Home	4, 5, 6:30 PM	
				Buenaventura		
		Girls Golf	Oxnard	GC	3:00 PM	
		Girls Tennis	San Marcos	Away	3:00 PM	1:15 PM
		Boys Water				
Wed	9/14/22	Polo	Santa Barbara	Away	3:15 PM	1:15 PM
					4, 5, 6:30	
Thur	9/15/22	Girls Volleyball	Buena	Home	PM	
		JV, Frosh Football	Santa Barbara	Away	4, 2:00 PM	3:30, 2 PM
		Girls Tennis	Rio Mesa	Home	3:00 PM	
Fri	9/16/22	Varsity Football	Santa Barbara	Away	7:00 PM	3:30 PM
			Woodbridge			
		Cross Country	Invite	Irvine, CA	3:00 PM	10:00 AM
		Boys Water Polo	Newbury Park	Away	3:15 PM	1:30 PM
		Girls JV Volleyball	Valencia JV Tourney	Valencia HS	3:00 PM	
		Girls JV	Valencia JV			

Los estudiantes interesados en el atletismo pueden ponerse en contacto con el entrenador Anderson en el aula 118.

Social Media Outlets:
Instagram: @venturahscougars
Twitter: @VHSVenturaHigh

NOTICIAS DEL COVID VUSD:

El Distrito Escolar Unificado de Ventura continúa siguiendo las actualizaciones de mascarillas del Condado de Ventura y las directrices escolares del Departamento de Salud Pública de California. Dichas directrices incluyen: el mandato de la máscara pasa de ser requerido a ser fuertemente recomendado, el umbral de temperatura de 100.4, y las pruebas para los deportes de interior ya no se requieren, sin embargo, las pruebas semanales para los deportes de interior / banda siguen siendo fuertemente recomendadas.

Si un estudiante o miembro del personal se siente enfermo, le pedimos que por favor se quede en casa. Para obtener más información de orientación sobre COVID, por favor vaya a la página web de recursos de COVID.

Información sobre el Drumline / Pep Band:
Abierto a cualquier estudiante que esté interesado en tocar en los juegos de fútbol (potencialmente banda de música).
¡Club de música de Mariachi/Corridos en VHS!

