



VHS WEEKLY UPDATE



Ventura High School - 1/14/2022



CONGRATULATIONS TO OUR VENTURA ALL COUNTY HONOR BAND STUDENTS!

VHS is proud to celebrate our students for their achievement. This is the most we've ever had qualify.

- Kylie Cloutier - Flute
- Kate Fallon - Oboe
- Benjamin Laber - Bassoon
- Addie Ragsdale - Clarinet
- Eva Lechner-Hill - Clarinet
- Alexander Tanji - Clarinet
- Amelia McCleod - Clarinet
- Simone Henderson - Clarinet
- Carson Peterson - Bass Clarinet
- Liam Clemow - Trumpet
- Emily Gonzalez - Trumpet
- Brynn Gray - Trumpet
- Reese Whitley - Tenor Sax
- Bea Barnes - Horn
- Parker Powers - Horn
- Ethan Dorsey - Horn
- Adam VanLeeuwen - Trombone
- Lily Hadley - Trombone
- Jayden Wallace - Trombone
- Leo Palma - Trombone
- Julian Gray - Tuba
- Lucca Boccali - Tuba
- Josh Stewart - Percussion
- Hanna Le - Percussion



VHS FOOTBALL:

If you are interested in playing football for the upcoming 2022 season, you need to attend the player information meeting on Wednesday, January 19 during lunch at the Larabee stadium. See Coach Garcia in room 31 if you have questions.

SPORT TRYOUTS



VHS BOYS GOLF:

Stop by Coach Norris Room 24 to sign up for Boy's Golf Unofficial practices going on at Olivas Links afterschool Mon-Thurs try outs and Preseason start Monday January 31st (after finals week)

LIVESTREAM BBALL GAMES:

VHS now has cameras installed in Tuttle Gym and Larabee Stadium that will allow people to watch events in those venues online. If you would like to watch the Buena vs. Ventura Boys Bball game tonight, go to the National Federation of High Schools (NFHS) network website. That link is here: <https://www.nfhsnetwork.com/>. Here is the link for the Buena Ventura game: <https://www.nfhsnetwork.com/events/ventura-high-school-ventura-ca/gamdd6c42609>. There is a fee to watch.

ATHLETIC EVENTS

Ventura High School Athletic Events
1/17 - 1/22/22

Day	Date	Sport	Opponent	Location	Time	Bus
Mon	1/17/22	Boys JV, F/S Basketball	Camarillo	Home	1:30, 12:00 noon	
Tue	1/18/22	Girls V, JV Basketball Boys V, JV, F/S Soccer Girls V, JV Soccer Girls Water Polo	Rio Mesa Channel Islands Rio Mesa	Home Home Away Home	7, 5:30 PM 5:00, 3:15 PM 5, 3:15 PM 3:15 PM	1:15 PM
Wed	1/19/22	Boys V, JV, F/S Basketball	Rio Mesa	Away	7:00 PM	
Thur	1/20/22	Girls V, JV Basketball Boys V, JV, F/S Soccer Girls V, JV Soccer Girls Water Polo	Pacifica Rio Mesa Rio Mesa Pacifica	Home Away Home Home	7, 5:30 PM 6:30, 4:30, 3:15 PM 5:00, 3:15 PM 3:15 PM	1:30 PM
Fri	1/21/22	Boys V, JV, F/S Basketball	Pacifica	Away	7, 5:30, 4 PM	
Sat	1/22/22	Girls Varsity Basketball V, JV Wrestling	Oxnard* Thousand Oaks Tourm	Home TOHS	1:00 pm 10:00 AM	7:00 AM

* Make up from 1/6/22

MASKS:



Masks are required for indoor events. If mask policy is not followed, attendees will be asked to leave the event. This requirement is in alignment to VCPH and district guidelines.



TEXTBOOK RETURNS

If your class ends on Jan. 28, Your book is due Jan. 28.

These books are due in the library by January 28:
Economics,
Krugman's Economics (AP),
American Democracy,
Government by the People (AP),
Psychology (red books),
Lifetime Health,
Salud Para Toda La Vida,
Career Choices (thick blue/gold books),
Eligiendo una Carrera (thick white books),
Class novels that are finished,
And any books not needed for current classes.



- Return books to the library.
- Do not leave your book in the classroom.
- Unreturned books will become obligations.

SATURDAY SCHOOL DATES:

- January 22
- February 26
- March 26
- April 23
- May 21

TUTORING IS AVAILABLE

The schedule is:
Knowles: Every Mon.-Fri.(Lunch): Core content for Special Ed Prgrams.
Cougard: Every Thursday, Period 1 for French
Maxwell: Every Tues./Thurs. (Lunch) & Wed. (6 P.M. - 7:30 P.M.) for Science
Rivera: Every Mon.- Fri. (Lunch) for Math
Jones: Every Mon-Fri Lunch and Period 6: English (rm 209)
Reynosa: Before school, every lunch, and after Period 6 (room 64)

STUDENTS WILL ONLY BE ALLOWED TO LEAVE CAMPUS DURING LUNCH IF THEY HAVE THEIR PHYSICAL ID CARD WITH THEM. THEY CAN ALSO SHOW THEIR SCHEDULE BY ACTIVELY GOING ON THE STUDENT VUE APP.



Social Media Outlets:

Instagram: @venturahscougars
Twitter: @VHSVenturaHigh

VHS DANCE TEAMS: SNAPSHOTS FROM THEIR FIELD TRIP TO CABRILLO MS



Photos courtesy of Dance Teacher, Taylor Koester.



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BRING YOUR CHROMEBOOK TO SCHOOL EVERY DAY

VHS does not have one-day loan chromebooks for students who forget to bring their chromebooks to school, but students are welcome to come to the library and use one of the desktop computers. Just like textbooks, students are responsible for being prepared for class.

We encourage teachers to let the front office staff know if they need additional devices so we can support our students with tech to access the curriculum.



STUDENT STORE:

Hours:
Open 7:45 A.M.-3:30 P.M.
Includes: Nutrition Break and Lunch
(Closed 11:30 A.M. -12:30 P.M. & hours may vary depending on school wide events or athletics)

*STUDENTS need ID for ALL transactions Please!

SECOND SEMESTER: OFF-CAMPUS PASS



Second Semester Off-Campus Pass applications are available for pick-up at the attendance windows. Please turn them in when you can. Stickers will not be distributed until after the start of 2nd semester as staff has to verify eligibility requirements (i.e. academic performance, good attendance, etc.)

SAP (Student Assistance program)

If you are struggling with a family member or anyone close to you that is abusing drugs/alcohol, the SAP Counselors are starting an Alateen group to help you! Please see the SAP Counselors to enroll

Stay tuned for 2nd semester groups

- Grief
- stress management
- Art with Heart
- Self-Compassion
- Alateen
- LGBTQ+



LET'S BE KIND COUGAR FAMILY!

Modeling behavior that displays treating others with dignity & respect, supports a safe and caring school environment.

This is the "high expectation" for students, staff and parents in Cougar Country.



FOOD DELIVERIES FROM OUTSIDE VENDORS SUCH AS UBER EATS AND DOOR DASH ARE NOT ALLOWED. PLEASE PACK A LUNCH FOR YOUR STUDENT OR ENCOURAGE THEM TO EAT A FREE MEAL AT OUR CAFETERIA.



VENTURA HS Health & Safety Protocols

- VUSD testing allows VUSD staff to reach out to students or staff members who test positive. If one tests positive from VUSD testing, then a health staff member will be in contact to discuss your status.
- A PCR test taken at a non VUSD location is NOT reported to VUSD, therefore please ensure the following if a positive result is received:
 - Do not attend school
 - Notify health services at 805.641.5116 x 1028

If you receive a positive result on a home test, do not come to school and proceed to a PCR test. You can also contact the VHS health services office for additional guidance. Contact: Julianna Samoff (school nurse) and Betty Kelsch (health tech) at 805.641.4115 x 1028

Please utilize the VUSD: COVID-19 Resources & Information page at: <https://www.venturausd.org/covid.aspx>
Here you will find information on:

- VUSD Weekly testing sites & how to register
- Dashboard
- COVID-19 School Guidance Checklist

If you are sick and/or display any COVID symptoms (fever, headache, sore throat, coughing, and stomach ache), please stay home as a precaution.

Proper mask wearing while indoors (i.e. classrooms/library/cafeteria/gym) is required in alignment with VUSD and VCPH COVID safety protocols. Proper hand sanitizing and hand washing is encouraged.

Athletics: All indoor sporting events will be limited to four spectators per athlete. Spectator names will be monitored through an athlete submission process. This is effective for the month of January pending new information.



COVID TEST KITS:

COVID test kits were distributed to our student body this week from 2:30 P.M. - 5 P.M. Our front office staff and Admin helped hand them out through our Records Window to students and parents alike.



CONGRATULATIONS TO OUR GRATITUDE WINNERS!

VUSD Gratitude Awards

Designed to recognize exceptional VUSD teachers, employees, volunteers, students, and administrators associated with VUSD.

We had 89 nominations for the month of December.

The Superintendent and the Board would like to congratulate the following Gratitude Award winners:

- Ann Griffin - Teacher
- Betty Kelsch - Health Technician
- Logan Norris - Teacher
- Margaret Sellers - Teacher
- Tim Garcia - Teacher