



2019

# Ventura High School Cougar Country

2020



## Bulletin for October 11

**The E.P. Foster Library is offering Fall Break volunteer opportunities.** Be a part of Horror in the Stacks, a “haunted house” experience in the library. All volunteers must be 13 years of age minimum, and have a volunteer application on file (applications available in the VHS library).

### Spirit Week:

Monday- PJ day

Tuesday- College t-shirt day

Wednesday- Dress like it’s the 80’s

Thursday- Wear your floral print

Friday- Wear your black & gold

**BannerBold-** They are looking for writers to submit their work for publishing and even cash prizes. Submit work by emailing it to [bannerbold@gmail.com](mailto:bannerbold@gmail.com).

**VC Open House:** Learn about Ventura College’s Career Education Programs at their Open House on Wednesday, October 23 from 5:00-7:00 pm. Participating programs include agriculture, architecture/drafting, automotive technology, medical assisting, welding, and nursing. Register at <https://vccareeropenhouse.eventbrite.com>.

**October is National Anti-bullying month.** As part of your daily bulletin for this month, you will be given a new statistic with each bulletin. Please use these statistics to have a conversation with your friends/classmates/teachers/family/community on how you –and they- can be part of the solution against bullying behavior. Here’s today’s statistic:

- ✚ 33% of students who reported being bullied at school indicated that they were bullied at least once or twice a month during the school year (National Center for Educational Statistics, 2016).

### Upcoming events:

- October 12- Homecoming Dance, Main St gym, 8:00pm
- October 18- Fall Backstage Café Improv Show, Auditorium 7:00pm
- October 22- Minimum day. 12:02pm dismissal
- October 25- Ventura vs Buena Games
- October 28 – November 1- Fall break

**Campus Pride College Fair for LGBTQ+ and Ally Students** is Saturday, October 19<sup>th</sup> from 11:30 to 1:30 pm at Los Angeles City College. Go to <https://www.campuspride.org/collegefair/> for more info.

## SPORTS

There will be a meeting for all new baseball players at the baseball field on Friday, 10/11/19 after school at 3:30 PM.

*C.O.U.G.A.R.*

*O= Optimistic*

*Community builders*



Monday	Tuesday	Wednesday	Thursday	Friday
Take the first step towards a goal that really matters to you	Make progress on a project or task you have been avoiding	Avoid blaming yourself or others. Just find the best way forward	Look for the good intentions in people around you today	Re-frame a problem you face as a potential opportunity



## School field trips



DATE	TIME	TEACHER/ COORDINATOR	DESTINATION	# OF STUDENTS
10/12 thru 10/13	TBD	Lewandoski	San Benito H. S. , Hollister	6
10/14	7:15am - 5:00pm	Miyata	Westmont College and UCSB	50
10/18	9:30am - 1:00pm	Cohen	Century 10 Downtown	100
10/18	10:00am - 11:00pm	G. Murphy, Rickard	Pleasant Grove High School	16
10/21	8:15am - 3:30pm	Minadeo	Getty Villa Museum	60

## Career Center

### Scholarships

Become an Edison Scholar. Edison International is awarding \$40,000 college scholarships to 30 high school seniors to help them follow their dreams in science, technology, engineering or math (STEM)

Eligibility requirements include:

- Must be a high school senior and show financial need
- Have a minimum 3.0 GPA
- Live in Southern California Edison's service area
- Plan to attend a four-year college or university and pursue studies in science, technology, engineering or math (STEM)

Apply now: October 1 – December 16. For details and to apply, please visit [edisonscholars.com](http://edisonscholars.com).

**TARGET** is having a hiring event **October 11-13 and November 2-3 at 10am until 6pm**. Students should apply on line [www.targetseasonaljobs.com](http://www.targetseasonaljobs.com) Stop by the career center for any questions.

**Hispanic Heritage Foundation's 2019 Youth Awards** is now accepting applications. To be considered student must be a senior with a minimum 3.0 and be of Hispanic heritage.

For more information visit [www.HispanicHeritage.org](http://www.HispanicHeritage.org) **Deadline is October 15, 2019**

**Texas A & M University-** Brockman Scholars Program is looking for Seniors interested in STEM & Business Scholarships. This is a merit-based full-ride that covers five years of study at the College Station campus of Texas A & M University. Apply at [www.brockmanfoundation.org](http://www.brockmanfoundation.org) Deadline December 1, 2019.

**Ventura Pet Wellness & Dog Training Center** will be hosting their 3<sup>rd</sup> annual Animal Career Fair on Sunday October 13<sup>th</sup> from 10 am to 1 pm. Learn about a variety of animal related fields and careers. This free event is located at 3521 Arundell Circle #B Ventura.

**Volunteer Opportunity:** Ventura Wild Wilderness Discovery Programs is looking for student volunteers to help elementary students develop leadership and build wilderness skills. More information available in the College and Career Center.

**Project Understanding** is looking for volunteer tutors to work with elementary students at the Temple Beth Torah Tutoring Center. Two sessions a day: 3:00-4:00 pm and 4:00-5:00 pm. Come to the College & Career Center for more information and to find additional volunteer opportunities.