



2019

# Ventura High School Cougar Country

2020



## Bulletin for September 9 - 10

**Come get your V-House T-shirt for \$5 in the ASB room! (113)**

**The 2019 PSAT is scheduled for October 16.**

Registration will begin on September 12, at the ASB Student Store. Juniors have priority sign-up until October 2nd. Sophomores may sign up on October 3rd and 4th (space permitting). The cost is \$18 (fee waivers available for qualified students).

**Work Permits:** All students who are currently working and under 18yrs need to stop by Rm 107 for a work permit.

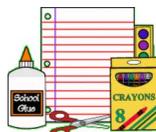
**Students,** if you have any schoolbooks at home that are overdue, please bring them to the library as soon as possible. Please turn in any books you do not need for your classes this year and get your library account cleared.

**ACT Test:** The ACT test will be administered at VHS on September 14. Sign up online. See Mrs. Clobes in room 212 if you have any questions.

**Upcoming events:**

- Back to School Night- September 17th  
6:30pm – 8:40pm
- September 23<sup>rd</sup> - Counseling morning drop-in  
hours: 8:00am – 11:00am
- Blood Drive- September 26 in Main St gym  
8:00am – 2:30pm
- September 30<sup>th</sup> & October 1<sup>st</sup> - No School

**California Scholarship Federation:** Applications are available for Spring 2019 semester grades. Junior or Seniors please stop by room 206 to pick up an application. Applications are due September 13, 2019



Need school supplies or a backpack? Come see Mrs. Tropper in the main office.

### Staff

Restorative circle large group example video:

[https://youtu.be/mGcy31\\_aPPU](https://youtu.be/mGcy31_aPPU)

Turn over for more news and info!



*C.O.U.G.A.R.*

*O = Optimistic*

*Community builders*



Monday	Tuesday	Wednesday	Thursday	Friday
<i>Look for the good intentions in people around you today</i>	<i>Start your day with the most important thing on your list</i>	<i>Reframe a problem you face as a potential opportunity</i>	<i>Avoid blaming yourself or others. Just find the best way forward</i>	<i>Take time to reflect on what you have achieved this week</i>



## School field trips



DATE	TIME	TEACHER/ COORDINATOR	DESTINATION	# OF STUDENTS
10/14	7:15am - 5:00pm	Miyata	Westmont College and UCSB	50
10/18	9:30am - 1:00pm	Cohen	Century 10 Downtown	100

## Career Center

The College & Career Center is looking for a few energetic 11<sup>th</sup> and 12<sup>th</sup> grade students to join our Ambassador Team. Ambassadors will serve as liaisons between the College & Career Center and the larger student community. This is a dynamic opportunity to develop creativity, leadership, and organizational skills. This will be a full one-year commitment (about 5 hours per month). See Mrs. Roberts for more info. Deadline to apply is **September 9.**

**Project Understanding** is looking for volunteer tutors to work with elementary students at the Temple Beth Torah Tutoring Center. Two sessions a day: 3:00-4:00 pm and 4:00-5:00 pm. Come to the College & Career Center for more information and to find additional volunteer opportunities.

### College/ University Visits in Room 106 (Career Center)

\*Sign up With Mrs. Roberts to attend

**University of the Pacific-** September 10, during period 3

**Sierra Nevada College-** September 10, during period 5

**Concordia University-** September 10, during period 4

**California Lutheran University-** September 11 during period 1

**Hawaii Pacific University-** September 11 during period 3

**University of Hawaii @ Manoa-** September 11 during period 4

**Oregon Institute of Technology-** September 13, during period 3

**University of Alabama-** September 13, during period 6