



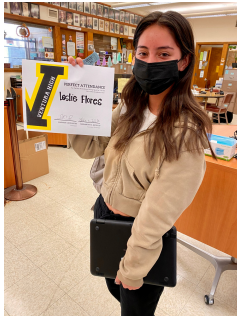
VHS WEEKLY UPDATE

Ventura High School - 11/22/2021



PERFECT ATTENDANCE

Ventura High School had 100 students with perfect attendance for the first quarter of the academic year. We gave each student a certificate and free tickets to this week's Food Faire on Friday during lunch. Below is VHS senior, Leslie Flores, who stopped by the office to get her certificate and tickets. Congratulations to all our students on this achievement!



Ventura High School Athletic Events 11/22 – 11/27/21

Day	Date	Sport	Opponent	Location	Time	Bus
Mon	11/22/21	Boys Varsity BBall	Cabrillo	Santa Clara	3:30 PM	
Tue	11/23/21	Boys Varsity BBall Girls Var, JV Basketball Boys V, JV, F/S Soccer	Santa Clara Tourney Birmingham Moorpark	Santa Clara Home Away	TBA 5, 3:30 PM 7, 5:30, 4 PM	2:15 PM
Wed	11/24/21	Boys Varsity BBall Girls JV Basketball	Santa Clara Tourney Westlake JV Tourney	Santa Clara Away	TBA TBA	
Fri	11/26/21	Boys Varsity BBall Boys JV BBall	Santa Clara Tourney Royal	Santa Clara Buena	TBA 4:30 PM	
Sat	11/27/21	Boys Varsity BBall Boys JV BBall Girls Varsity Basketball	Santa Clara Tourney Camarillo VC Shootout	Santa Clara Buena Home	TBA 11:30 AM TBA	

COVID TESTING CALENDAR November 22 - 23

DAY/TIME	SCHOOL SITES	LOCATION	WHO CAN TEST	CONSENT	SUBMITTING RESULTS
Monday, 11/22 2:30 - 3:30 wrestling teams only 3:30 - 4:00 for staff only 4:00 - 5:30 open to students and staff	VHS BHS	Auditorium foyer Staff lounge by cafeteria	Open to VUSD employees and students ONLY No appointment needed	Please sign consent through Primary Health prior to first test https://my.primary.health/r/ventura-usd?registration_type=student	Employees who are REQUIRED to test must submit your results to covidtestresults@venturausd.org
**Monday, 11/22 2:30 - 3:45 only	ESC Salvia Testing	Room 240 (upstairs)	Please call (805) 794-3921 for an appointment if not already on the schedule	Consent form required the first time you test - valid through school year	Employees who are REQUIRED to test must submit your results to covidtestresults@venturausd.org
Tuesday, 11/23 3:00 - 4:00 for staff and student athletes only 4:00 - 5:30 open to students and staff (Loma Vista) 3:30-4:00 for staff only 4:00-5:30 open to students and staff (Montalvo)	Loma Vista Montalvo	Cafeteria Room 5	Open to VUSD employees and students ONLY No appointment needed	Please sign consent through Primary Health prior to first test https://my.primary.health/r/ventura-usd?registration_type=student	Employees who are REQUIRED to test must submit your results to covidtestresults@venturausd.org
Wednesday, 11/24 NON-STUDENT CONTACT DAY NO TESTING	NO VUSD TESTING	NO VUSD TESTING		Please sign consent through Primary Health prior to first test https://my.primary.health/r/ventura-usd?registration_type=student	Employees who are REQUIRED to test must submit your results to covidtestresults@venturausd.org
Thursday, 11/25 THANKSGIVING DAY NO TESTING	NO TESTING	NO TESTING		Please sign consent through Primary Health prior to first test https://my.primary.health/r/ventura-usd?registration_type=student	Employees who are REQUIRED to test must submit your results to covidtestresults@venturausd.org
Friday, 11/26 BOARD HOLIDAY NO TESTING	NO VUSD TESTING	NO VUSD TESTING		Please sign consent through Primary Health prior to first test https://my.primary.health/r/ventura-usd?registration_type=student	Employees who are REQUIRED to test must submit your results to covidtestresults@venturausd.org

STUDENT NEWS

REMINDER! THE SOUTH SIDEWALK IS CLOSED FROM CATALINA TO THE WEST TACO BELL DRIVE WAY.

STUDENTS WILL BE REQUIRED TO HAVE HALL PASSES, ID'S, AND/OR SCHEDULES AVAILABLE FOR STAFF MONITORING ON CAMPUS.

SAP (STUDENT ASSISTANCE PROGRAM)

"Support Groups" are being offered at VHS, please sign up in the SAP Office, room 41. Groups offered include:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Art with Heart (Anxiety) 11/15 - 3 rd per	Self-Compassion (Circle) 11/16 - 5 th per	Stress Management (Tapping) 11/17 - 2 nd per	Grief 11/18 - 6 th per
11/22 - 4 th per	11/23 - 2 nd per	No School	Thanksgiving
11/29 - 5 th per	11/30 - 4 th per	12/1 - 3 rd per	12/2 - 3 rd per
12/6 - 3 rd per	12/7 - 5 th per	12/8 - 2 nd per	12/9 - 6 th per
12/13 - 5 th per	12/14 - 4 th per	12/15 - 3 rd per	12/16 - 3 rd per

CAMPUS ACCESS UPDATE:

Portable restrooms will be closed during nutrition & lunch. Please access 50/60 and 90/100's restrooms. Portable area is off limits during nutrition & lunch, unless in a teacher classroom with supervision.

Detention: Administration and attendance are issuing detention/Saturday School as needed due to attendance and behavior. Detention is held daily during lunch. Students are provided lunch.

STUDENT STORE:

Hours:
Open 7:45 A.M.-3:30 P.M.
Includes: Nutrition Break and Lunch
(Closed 11:30 A.M. -12:30 P.M. & hours may vary depending on school wide events or athletics)

*STUDENTS need ID for ALL transactions Please!

LET'S BE KIND COUGAR FAMILY!

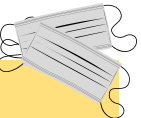
Modeling behavior that displays treating others with dignity & respect, supports a safe and caring school environment. This is the "high expectation" for students, staff and parents.

Social Media Outlets:

Instagram: @venturahscougars
Twitter: @VHSVenturaHigh

MASKS:

Masks are required for indoor events. If mask policy is not followed, attendees will be asked to leave the event. This requirement is in alignment to VCPH and district guidelines.



BOYS BEACH VOLLEYBALL:

VHS Boys Beach Volleyball still has space in their roster for more students to join. For those interested, the team practices every Wednesday (except next Wednesday for the holiday) in the Main St. Gym from 7:30 P.M. - 9 P.M. Those interested should contact coach Tim Mays at Timays@yahoo.com.





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TUTORING IS AVAILABLE

The schedule is:

Knowles: Every Mon.-Fri.(Lunch): Core content for Special Ed Prgms.

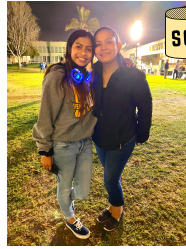
Cougard: Every Thursday, Period 1 for French

Maxwell: Every Tues./Thurs. (Lunch) & Wed. (6 P.M. - 7:30 P.M.) for Science

Rivera: Every Mon.- Fri. (Lunch) for Math

Jones: Every Mon-Fri Lunch and Period 6: English (rm 209)

Reynosa: Before school, every lunch, and after Period 6 (room 64)



SCHOOL OF CHOICE NIGHT

VHS hosted its 'School of Choice' Night on Tuesday, Nov. 16, on our Senior Lawn. Families were treated to free food while visiting our CTE classrooms and chatting with our teachers, counselors and clubs.



FOOD FAIRE

Over 20 clubs and sports teams participated in our 'Food Faire' on Friday, 11/19. Booths sold mac & cheese, burgers, ramen, tostilocos and much more.



BRING YOUR CHROMEBOOK TO SCHOOL EVERY DAY

VHS does not have one-day loan chromebooks for students who forget to bring their chromebooks to school, but students are welcome to come to the library and use one of the desktop computers. Just like textbooks, students are checked out one chromebook each.

We encourage teachers to let the front office staff know if they need additional devices so we can support our students with tech to access the curriculum.



ID PHOTOS



Students who have lost their IDs or never took their ID photo are welcome to come to the front office and get a new one in our attendance office. Students Monarch photos are in as well. Pick them up at the attendance windows during school hours.

COLLEGE & CAREER

There's been a couple updates. Here's the latest on the College Application Week:

https://docs.google.com/document/d/1F7qupIEABX_jYE6E1l4wwI4q7TfPMshSFfwkYrfw_uE/edit?usp=sharing

Please pick up your trash!
Let's keep Cougar Country Clean!



PURCHASE TICKETS ONLINE FOR ATHLETIC EVENTS INCLUDING ROUND 2 OF CIF FOOTBALL!



TARDY SWEEPS:

Random Tardy Sweeps will begin in November 2021. Tardy=Lunch Detention. We encourage all students to get to class early and be on time.

SATURDAY SCHOOL DATES:

November 20
December 11
January 22
February 26
March 26
April 23
May 21

COURSE LEVEL CHANGE DEADLINE IS 11/8/21

A course level change is for CP, Honors and AP skill adjustments.

SWIM TRYOUTS:

Swim tryouts will be held on 12/9 during 7th period. If you have a 7th period and still want to tryout or have any questions please talk to Mr. Cherrie in room 170 by the pool. Please come ready with your swim suit, cap, goggles, towel.



TENNIS TRYOUTS:

VHS Boys Tennis Tryouts will be Wednesday and Thursday, November 17 and 18 and December 8 and 9. 2:45 - 4:30 PM at the VHS tennis courts.

