



2019

# Ventura High School Cougar Country

2020



## Bulletin for November 18 - 19

**SENIORS:** If you have not taken your picture for year book, lifetouch will be in the Auditorium Foyer Monday, November 18 from 9 – 12pm only. \* Only come if you have not taken your senior portrait.

**The annual Coats for Kids Project** is happening now until December 20<sup>th</sup>. The need for new and used coats for citizens of our community continues to be critical. A collection box is located outside the College & Career Center (room 106). Interact Club greatly appreciates your wonderful support of this project!

### VHS Drama presents “Anatomy of Gray”

This dramatic play with comedic elements runs this weekend and next- Thursday – Saturday at 7:00pm in the little theater. One matinee this Sunday at 2:00pm. \$5 for students; \$7 for adults.

### Upcoming events:

- November 22 - Blood Drive, 7:30 – 2:30, Main st gym
- November 27- 29- No school, Thanksgiving/ Board holiday

**Bannerbold:** Unleash the inner writer/ artist in you to submit to Banner Bold! It’s a fun, safe space to just be yourself! Submit @ [www.bannerbold.org](http://www.bannerbold.org)

*C.O.U.G.A.R.*

*U= Understanding*

*Community builders*



**Monday**

*Understand that others may have a more limited understanding than you*

**Tuesday**

*Take time to sincerely ask others how they are doing*

**Wednesday**

*Be aware that everyone is fighting a personal battle*

**Thursday**

*Help other people appropriately, based on their understanding of their needs and emotions*

**Friday**

*Consider learning to understand others as a strength, not as a weakness*

## **Career Center**

Stepping into the Right Direction Black College Fair is scheduled for Sunday, December 15<sup>th</sup> at the Long Beach Convention Center. Students will have an opportunity to attend workshops, forums, and learn about incredible Historically Black Colleges & Universities (HBCU). Register for this free event at <https://www.eventbrite.com/e/stepping-in-the-right-direction-black-college-fair-2019-tickets-75083459649>.

**The Rotary Youth Leadership Academy (RYLA)** at Camp Ramah will be April 23-26<sup>th</sup>. This is a free opportunity to gain valuable leadership skills! Applications are available in the College & Career Center. The deadline to apply is November 20<sup>th</sup>.

### **Scholarships**

**Sunrise and East Ventura Optimist Essay Contest** – Deadline December 17, 2019.

Open to all high school students, under the age of 19. Earn the opportunity to win college scholarships from \$300 to \$2,500.

Write an 700-800 word essay on “ Is Optimism the Key to Achieving the Dreams you Imagine?”

Applications In the Career Center Computer Lab.