



Ventura High School Cougar Country

2019



#### Bulletin for September 17<sup>th</sup> - 18<sup>th</sup>

# <u>Students</u>

Seniors: Remember to buy your baby ads, senior portraits and quotes! Due October 19<sup>th</sup>



#### Champs challenge:

**STAFF**, make a goal to do 20 high fives or fist bumps daily with your students. If you don't want to do anything physical give clear positive acknowledgement.

- D. Webster

## <u>Clubs</u>

The German Club will meet this week on Tuesday, September 18 and Thursday, September 19, in Room 131 at lunch. Drinks and pretzels provided! See you there.

## <u>Sports</u>

Girls Basketball: Tryouts will be during Lunch on Tuesday, September 18<sup>th</sup> and Wednesday September 19<sup>th</sup> in the Main St gym. See Mrs. Larson with any questions. "Dreamers set your course" is a free and safe event for students, families, and community members to learn about how Ventura College offers additional supports to our undocumented population. Participants will leave the presentation with a better understanding of the Ventura College admissions process, qualifying under AB-540, financial aid opportunities, and local campus resources.

- FRANCIS

**Youth Stamp Fair:** Everyone is welcome to the 28<sup>th</sup> Annual Youth Stamp Fair Saturday, Oct. 6<sup>th</sup>, 2018- 10 a.m. to 3 p.m. @ Dudley House Museum, 197 N. Ashwood, Ventura, CA. For more information, flyers will be posted in classrooms and in office.

Academic Decathlon: Lunch meeting on Tuesday 9/18 in room 64. If you received a note recommending you, please attend. -ARICHEA

All Work Experience Students- Class meets every Wed. in rm. 171 from 7:30-8:30am. -SCHMIDT

VHS LIBRARY HOURS: The library is open 7:00 - 4:00 every school day, and until 4:30 on Tuesdays and Thursdays. Come in to read, work and study. - S. ADAMICH

Jr & Sr California Scholarship Federation (CSF) -applications are due for spring 2018 semester. Applications are available in room 206 and are due September 20<sup>th</sup>. You must reapply each semester! - SOVICH



### <u>Career Center</u>

**Volunteer Opportunities:** E.P Foster Library. Stop by the Career Center (Rm 107) for more info. - **S. SMYLE** 

**California Lutheran University** presenter on 9/17 during 3<sup>rd</sup> period.

Embry Riddle Aeronautical University- 9/18 during Period 6.

Linfield College- September 18<sup>th</sup>, period 3 in Career Ctr.

Arizona State University- September 18<sup>th</sup>, period 6 in Career Ctr.

\*Sign up with Mr. Francis in the Career Center to attend any college visits.

#### **SAP Program**

Are you interested in being a PEER MEDIATOR? The SAP is recruiting 10th - 12th grade students with a GPA of 2.0. Sign up in Counseling Office or email Mrs. Richards: <u>bobbie.richards@venturaedu.org</u>

**Grief individual and group sessions** have begun and will be held every Wednesday (3rd - 5th periods) with Amanda from Livingston.

**Ventura County Behavioral Health** (VCBH) Drug counseling sessions will be held on Tuesdays and Thursdays; tentatively scheduled to begin on September 25th (2nd - 5th period).

If any student is interested in either service, please inform any staff/teacher, your counselor, Mrs. Richards, SAP Counselor in room 41 or send an email to: <u>bobbie.richards@venturaedu.org</u>

Group Surveys for teachers and students will be available soon.

**Teachers and students** - Your help is needed to help determine what type of groups will benefit VHS students.

Please complete the surveys and return them to Mrs. Richards, SAP Counselor in room 41 or take a pic and send an email to: <u>bobbie.richards@venturaedu.org</u>

Think of a "NAME" for the SAP office.... (An acronym is a good idea; however not mandatory)

\*\*noun: acronym;

An abbreviation formed from the initial letters of other words and pronounced as a word (e.g., *NASA, NATO, POTUS)*.

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	STOP	SCHOOL BUS	Field trips
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Date	Time	Teacher	Program	Destination
9/19	7:30 am- 3:30 pm	Minadeo	AP Art History	California Science Center
9/20	8:30 am – 3:00 pm	Donnelly	Science/ Biology	Silverstand Beach