



VHS WEEKLY UPDATE

Ventura High School - 9/16/2022



CLUB WEEK @ VHS

OVER 30 CLUBS PARTICIPATED IN OUR 3-DAY EVENT!



PE SWIMMING IS MAKING A SPLASH!

COUGIE CAMP WITH OUR DANCE TEAMS!



ASSETS ENRICHMENT OFFERINGS

ASSET's is an enrichment program that offers tutoring and a safe space for students to catch up on their work and create new friendships in the CSU (Cafeteria).

- Tutors are available for English and all other subjects on Monday, Tuesday, Thursday from 2:30-5:30.
- Math tutors are available on Monday, Tuesday, Wednesday, Thursday from 2:30-5:30.
- You can also access snacks and fun enrichment activities at ASSET's. ASSET supplies can be used for art and school projects.
- Return your pink permission slip and have it on file in case you need last minute tutoring help.
- permission slip available for tutoring
- ASSET's Program Coordinator, Laura Van Auker @ laura.vanaucker@venturausd.org for more information.

A NIGHT IN PARIS

V HOMEcoming '22 V

DATE: SATURDAY, OCT. 1ST, 2022
TIME: 7:30 P.M. - 10 P.M.
LOCATION: LARRABEE STADIUM @VHS



VENTURA HIGH SCHOOL FREE TUTORING

Please check out the tutoring opportunities available at Cougar Country.

Teacher	Room	Subject	Time	Date
Rigo Rivera	56	Math (All Levels)	Lunch	Mon-Fri except 4th Fri. of the month
Jared Honda	24	Math (All Levels)	7:50 A.M. - 8:50 A.M.	Mon - Fri
Chris Jaquette	66	Physics, Chemistry & Earth Science	2:45 P.M. - 4:45 P.M.	Wednesdays
Karen Reynosa	64	Chemistry	1st & Lunch	Mon - Fri
Erin Jones	209	English	Lunch & 7th Period	Mon - Fri



Care Solace connects students, staff, and their families to care. At no cost to you, Care Solace will quickly and confidentially find available mental health and substance use providers matched to your needs.

Find the right help at the right time.



MULTILINGUAL SUPPORT

A multilingual team is available 24/7/365 to help you understand options, call providers on your behalf, and schedule an appointment.



CARE REGARDLESS OF INSURANCE

Connect to care with any coverage including Medicaid, Medicare, and sliding scale options for those without insurance.



EASY ACCESS TO CARE

Use Care Match, the self-serve website, to find a provider on your own.

GET CONNECTED TO CARE TODAY

888-515-0595

caresolace.com/vusd



Please note: Care Solace is not an emergency response service or mental health services provider. In the event of a life threatening emergency, call 9-1-1 or the National Suicide Hotline 1-800-273-8255.

Hispanic Heritage Week



Celebrate with us @ VHS
Sept. 19-23

Lunchtime Activities:
Loteria
Futbol
Trivia & more!



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BIKE & SKATEBOARD SAFETY

Helmets are required under the age of 18 when on your bicycle, skateboard or electric bikes.

Also, please make sure you are yielding to vehicles and stopping at signs or signals. Avoid devices usage when in motion.

Helmet/ safety Violations will be taken seriously by the Ventura Sheriff's Dept.

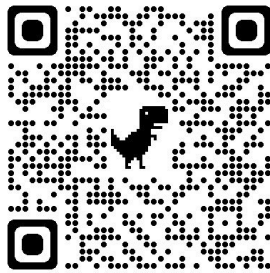
Parents, please remind your students who are pedestrians, skateboards, and bicyclists to not be on their device while in motion. Also, please tell them to wear their helmets properly secured.



VHS POOL

The VHS Pool will have increased surveillance after sports usage. individuals violating pool rules will be contacted and cited by VPD.

**PURCHASE
TICKETS
ONLINE FOR
ATHLETIC
EVENTS!**



Ventura High School Athletic Events 9/19 - 9/24/22

Day	Date	Sport	Opponent	Location	Time	Bus
Tue	9/20/22	Girls Volleyball	Dos Pueblos	Home	4, 5, 6:30 PM	
		Girls Golf	San Marcos	Sandpiper GC	3:00 PM	
		Girls Tennis	Pacifica	Away	3:00 PM	
Wed	9/21/22	Boys Water Polo	Pacifica	Oxnard HS	3:15 PM	1:30 PM
Thur	9/22/22	Girls Volleyball	Oxnard	Away	4, 5, 6:30 PM	2:30 PM
		JV, Frosh	Pacifica	Home	6:30, 4:00 PM	
		Girls Tennis	Santa Barbara	Home	3:00 PM	
Fri	9/23/22	Varsity Football	Pacifica	Home	7:00 PM	
		Cross Country	Raider	College Park, Ox	1:00 PM	11:00 AM
		Boys Water Polo	Nordhoff	Home	3:30 PM	
Sat	9/24/22	Girls JV Volleyball	Cougar Classic	Home	9:00 AM	

Social Media Outlets:

Instagram: @venturahscougars

Twitter: @VHSVenturaHigh

VHS FRONT OFFICE HOURS: Mon-Fri, 7:45 A.M. - 4:15 P.M.

Library Hours: Mon-Fri, 8 A.M. to 4 P.M.

STUDENT STORE INFO:

ASB STICKER (STUDENT): \$45.00

- FREE TO ALL HOME SPORTING EVENTS (EXCEPT CIF GAMES)
- DISCOUNT ON DANCES

ADULT ATHLETIC PASS: \$60.00

- FREE TO ALL HOME SPORTING EVENTS (EXCEPT CIF GAMES)

PE SHIRT: \$10
PE SHORTS: \$15

NEW STUDENT STORE HOURS: 8 A.M. - 3:45 P.M. (MON - FRI)*

***CLOSED 12:45 - 1:45 P.M. & HOURS MAY VARY DEPENDING ON SCHOOL-WIDE EVENTS OR ATHLETICS. STUDENTS NEED THEIR STUDENT ID FOR ALL TRANSACTIONS. THANK YOU!**

STUDENTS RIDE FREE

Show a school ID & travel anywhere for any reason on any bus operator in Ventura County!



Free rides on public transit for students across Ventura County! Make sure you have your student ID with you for verification.

TECHNOLOGY PREPAREDNESS FOR SCHOOL

Students please have your Chromebooks charged before school and make sure to also carry your charger with you at all times. If you forget to bring your charger, the library does offer one-day loan chargers, however you do have to return them after school.



DETENTIONS AND SATURDAY SCHOOL NOTIFICATIONS

Students & Parents please review your attendance and recover tardies and unexcused absences through lunch detention or Saturday school.

ATTENDANCE POLICY

UNEXCUSED TARDIES/ABSENCES:

Daily automated calls for tardies and absences.

Students will be obligated to attend detention and/or Saturday school to attend school dances/senior activities/field trips if they have unexcused absences or tardies.

Saturday schools will be assigned and notifications to families will be sent.

Detention will be student initiated in fulfilling their obligations prior to upcoming school events (dances, senior activities and field trips).

DETENTION/SATURDAY SCHOOL CRITERIA:

After 6 tardies students will serve detention for any tardy thereafter or an obligation will be noted.

3 unexcused period absences (more than 30 minutes late)
Full day unexcused absence

DETENTION CLEARS 2 TARDIES.

SATURDAY SCHOOL ATTENDANCE CLEARS UNEXCUSED PERIOD ABSENCES AND UNEXCUSED DAY ABSENCES.

*** If more accumulated, additional detentions/Saturday Schools will need to be served.***

Gap Periods: Students w a Period 1/2 gap may arrive at start of Period 3 or 4. If arriving prior to class time, library or quad are designated areas.

SATURDAY SCHOOL DATES:

September 17
October 1
October 15
November 19
December 10
January 21, 2023
February 4
March 4
March 18
April 15
May 20
June 3



FOOD DELIVERIES

No food deliveries from outside vendors such as Uber Eats and Door Dash are not allowed. Please pack a lunch for your student or encourage them to eat a free meal at our cafeteria.



**Ventura High School
Parent, Teacher, Student Association**

We invite every parent, teacher and student to join PTSA as we work together to make Ventura High School the best it can be!

Did you know PTSA?

- Helps at student dance and activities
- Contributes to our campus beautification
- provides staff grants, and appreciation lunches

Fundraisers

- membership
- snack bar
- amazon smile
- restaurant nights

VENTURA HIGH PTSA vhsptsa



ACTUALIZACIÓN SEMANAL DE LA VHS

Ventura High School - 16 de septiembre de 2022

HORARIO DE ATENCIÓN AL PÚBLICO DE VHS: Lunes-viernes; 7:45 A.M. - 4:15 P.M.

Horario de la biblioteca: Lunes-viernes, 8 A.M. to 4 P.M.



SEMANA DEL CLUB EN LA VHS

¡MÁS DE 30 CLUBES PARTICIPARON EN NUESTRO EVENTO DE 3 DÍAS!



Escuela Preparatoria Ventura
Asociación de Padres, Maestros y Estudiantes

Invitamos a todos los padres, maestros y estudiantes a unirse a PTSA mientras trabajamos juntos para hacer que la Escuela Preparatoria Ventura sea la mejor que puede ser!

¿Sabías que el PTSA?

- Ayuda en bailes y actividades de estudiantes.
- Contribuye al embellecimiento de nuestro plantel.
- Proporciona becas y almuerzos para el personal

Recaudación de fondos

- membresías
- snack bar
- amazon smile
- noches de restaurantes

VENTURA HIGH PTSA vhsptsa

ENTREGA DE ALIMENTOS

No se permiten entregas de comida de vendedores externos como Uber Eats y Door Dash. Por favor, empaque un almuerzo para su estudiante o anímelo a comer una comida gratis en nuestra cafetería.



2022-2023
VENTURA HIGH SCHOOL INVITA A NUESTRO
Comité Asesor para los Alumnos
(Adulto) Aprendices del Inglés (ELAC)

6 de septiembre
4 de octubre
1 de noviembre
6 de diciembre
7 de febrero
7 de marzo
16 de mayo

MARTES A LAS 6 P.M. EN SALA 50

Envíe un correo electrónico a elizabeth.botello@venturausd.org para más detalles

HORARIO DE LA TIENDA PARA ESTUDIANTES: 8 A.M. - 3:45 P.M. (LUN - VIE)*

INFORMACIÓN DE LA TIENDA PARA ESTUDIANTES
Ventura High School
2022-2023

CALCAMONIA ASB (ESTUDIANTE): \$45.00

- GRATIS A TODOS LOS EVENTOS DEPORTIVOS EN CASA (EXCEPTO LOS PARTIDOS DE LA CIF)
- DESCUENTO EN LOS BAILES

PASE DEPORTIVO PARA ADULTOS: \$60.00

- GRATIS A TODOS LOS EVENTOS DEPORTIVOS EN CASA (EXCEPTO LOS PARTIDOS DE LA CIF)

CAMISETA DE PE: \$10

PANTALONES CORTOS DE EDUCACIÓN FÍSICA: \$15

Hispanic Heritage Week

Celebra con nosotros en VHS
19-23 de septiembre

Actividades a la hora del almuerzo:
Lotería
Fútbol
¡Trivia y más!



Viajes gratuitos en el transporte público para estudiantes en todo el condado de Ventura. Asegúrese de tener su identificación de estudiante con usted para la verificación. Tendremos un día de fotos/proporcionar nuevas identificaciones de estudiantes el 1 y 2 de septiembre en VHS.

COMPRA DE ENTRADAS EN LÍNEA PARA EVENTOS DEPORTIVOS



Ventura High School Athletic Events
9/19 - 9/24/22

Day	Date	Sport	Opponent	Location	Time	Bus
Tue	9/20/22	Girls Volleyball	Dos Pueblos	Home	4: 5, 6:30 PM	
		Girls Golf	San Marcos	Home	3:00 PM	
		Girls Tennis	Pacifica	Away	3:00 PM	
Wed	9/21/22	Boys Water Polo	Pacifica	Oxnard HS	3:15 PM	1:30 PM
Thur	9/22/22	Girls Volleyball JV, Frosh	Oxnard	Away	4: 5, 6:30 PM	2:30 PM
		Football	Pacifica	Home	6:30, 4:00 PM	
		Girls Tennis	Santa Barbara	Home	3:00 PM	
Fri	9/23/22	Varsity Football	Pacifica	Home	7:00 PM	
		Cross Country	Raider	College Park, Ox	1:00 PM	11:00 AM
		Boys Water Polo	Invitational	Home	3:30 PM	
Sat	9/24/22	Girls JV Volleyball	Nordhoff	Home	9:00 AM	
			Cougar Classic	Home		

TARDANZAS/AUSENCIAS INJUSTIFICADAS:

Llamadas diarias automatizadas para tardanzas y ausencias. Los estudiantes estarán obligados a asistir a la detención y / o la escuela del sábado para asistir a los bailes de la escuela / actividades de alto nivel / viajes de campo si tienen ausencias injustificadas o tardanzas.

DETENCIONES Y NOTIFICACIONES DE LA ESCUELA DE LOS SÁBADOS

estudiantes y padres por favor revisen su asistencia y recuperen las tardanzas y las ausencias injustificadas a través de la detención del almuerzo o la escuela del sábado.

medios de comunicación social

Instagram: @venturahscougars

Twitter: @VHSVenturaHigh

PREPARACIÓN TECNOLÓGICA PARA LA ESCUELA

estudiantes por favor tienen sus Chromebooks cargados antes de la escuela y asegúrese de llevar también su cargador con usted en todo momento. Si se olvidan de traer su cargador, la biblioteca ofrece cargadores de préstamo de un día, sin embargo usted tiene que devolverlos después de la escuela.

ESCUELA DE LOS SÁBADOS

septiembre 17
octubre 1
octubre 15
noviembre 19
diciembre 10
enero 21, 2023
febrero 4
marzo 4
marzo 18
abril 15
mayo 20
junio 3