

VHS WEEKLY UPDATE



Ventura High School - Sept. 10, 2023



Social Media Outlets:

Instagram: @venturahscougars

Twitter: @VHSVenturaHigh



VHS FRONT OFFICE HOURS: Mon-Fri, 7:45 A.M. - 4:15 P.M.

VHS Library Hours: Mon-Fri, 8 A.M. to 4 P.M.



Athletic Events

9.11-9.16.23 Athletics

Day	Date	Sport	Opponent	Where	Time	Bus
Tues	9/12/23	Girls Golf	Buena High	Olivas GC	3:00 PM	N/A
		Girls Tennis	Oxnard	Away	3:00 PM	1:45 PM
		Girls Volleyball	Pacifica	Away	4, 5, 6 PM	2:45 PM
Wed	9/13/23	Frosh Football	Dos Pueblos	Away	4:00 PM	2:00 PM
		JV Football	Dos Pueblos	Away	6:00 PM	3:30 PM
		Flag Football	Dos Pueblos	Home	6:30 PM	N/A
Thurs	9/14/23	Boys Polo	South Coast T	Away	TBD	TBD
		Girls Tennis	San Marcos	Home	3:00 PM	N/A
		Girls Flag Football	Redondo HS	Away	6:30 PM	2:45 PM
		Varsity Football	Dos Pueblos	Away	7:00 PM	3:30 PM
		Girls Golf	Dos Pueblos	Olivas GC	3:00 PM	N/A
Fri	9/15/23	Girls' Volleyball	Santa Barbara	Away	4, 5, 6 PM	2:15 PM
		Boys Polo	South Coast T	Away	TBD	TBD
Sat	9/16/23	Cross Country	Woodbridge	Great Park	3:50	12:00 PM
		Girls VB	Valencia JV Team	Away	8:00 AM	N/A
		Boys Polo	South Coast T	Away	TBD	TBD

VHS CAMPUS-WIDE EVENTS
COURTESY OF ASB

SEPTEMBER '23

FRI 1	NEON DANCE 8 P.M. - 10 P.M. ON SENIOR LAWN
MON 4	LABOR DAY - DISTRICT CLOSED
SAT 9	DANCIN' COUGIE CAMP
WED 13	GRADE LEVEL ASSEMBLIES
WED 13-15	CLUB WEEK JOIN US AS OVER 20+ CLUBS WILL BE CELEBRATING AND RECRUITING FOR NEW MEMBERS THIS SCHOOL YEAR!
FRI 22	FOOTBALL: SBHS VS. VHS (7 P.M.) @ LARRABEE STADIUM
MON 25	NON-STUDENT CONTACT DAY - NO SCHOOL
TUES 26-29	CELEBRATING HISPANIC HERITAGE MONTH @ LUNCH
WED 27	BACK TO SCHOOL NIGHT & TITLE 1 MEETING @ 5:30 P.M.
FRI 29	BLOOD DRIVE

Cougie Dance Camp & Relay for Life!



Photos courtesy of F. Cortez, T. Moore, and VHS Girls Tennis Team



Learning is required

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OFF-CAMPUS PASSES ARE AVAILABLE BEFORE SCHOOL LUNCH AND AFTER SCHOOL WITH AP SECRETARY SHEAN.
LAST DAY TO SUBMIT AN OFF CAMPUS PASS APPLICATION IS 9/7.
ID AND OFF CAMPUS PASS STICKER IS REQUIRED TO LEAVE CAMPUS DURING LUNCH.
NO 9TH AND 10TH GRADE STUDENTS ARE ALLOWED TO LEAVE FOR LUNCH

VHS administration will continue to hold high expectations for all students. We do not tolerate any behavior that poses a threat to the safety of others or the school community nor do we allow cyber bullying through social media handles. If you have any information or reports, regarding unsafe behavior, please contact Principal Rodriguez at 805-641-5116 ext. 1012 or Marissa.rodriguez@venturausd.org

ASSETs Tutoring Schedule:

All Subjects: Tues./Thurs. 2:30-5:30

Math/Physics: Mon./Wed. 2:30-5:30 and Fri. from 2:30-5:30

In the cafeteria.

Students, be proactive and come get help with your work this year! As always, we will have snacks and free fun activities as well.

ASSETs Field Trip Info:

Attention ASSETs Students and Parents: Permission forms for the 9/11/23 field trip to Art from Scrap in Santa Barbara are due on 9/4/23. Spots are still available and this unique opportunity is free for VHS students!

PSAT - October 11, 2023

The PSAT is a practice test for the SAT. It's also a qualifying test for the National Merit Scholarship Program (NMQSP). We recommend all college bound juniors take the exam.
Sign-ups for Juniors (class of 2025) begin September 7th.
 Purchase a spot at the VHS Student Store. Cost: \$20 (see waivers available)*

 Sophomores (class of 2026) may sign up on September 14th & 15th, space permitting.
*See Mrs. Roberts or Ms. Pulido in the College & Career Center for a waiver.

COUNSELOR ALPHA

Ms. Frias A-Carri
 Mr. Favero Caro-Fur
 Mr. Lazansky Fus-Im
 Mr. Castillo In-Max
 Mrs. Raney May-Pov
 Mrs. Anderson Pow-Ska
 Mr. Francis Ske-Z

PURCHASE TICKETS ONLINE FOR ATHLETIC EVENTS!



ATTENDANCE

All absences must be cleared within 5 days.
 Contact Sonya Ortiz at sonya.ortiz@venturausd.org or at 805.641.5116 ext 1023

ANNUAL PARENT UPDATE: PLEASE FILL IT OUT!



APPROPRIATE SCHOOL DRESS:

FREE OF INAPPROPRIATE WRITING, PICTURES OR ANY OTHER INSIGNIA THAT MAKES REFERENCE TO DRUGS, SEX, ALCOHOL, TOBACCO PRODUCTS, VIOLENCE, WEAPONS, VULGARITY, NUDITY, RACIAL SUPREMACY AND/OR GANG RELATED. COOKIES, BACKWOODS, OAT, ALCOHOL BRANDS (805, COORS, MODEL, ETC.) OR RELATED AND ASSOCIATED CLOTHING IS NOT ALLOWED.

THE FOLLOWING LETTER HATS ARE NOT ALLOWED AT VHS: A, A's, LA, O AND W. SPELLED OUT TEAM NAMES, SUCH AS: LOS ANGELES DODGERS, DODGERS, ATLANTA BRAVES, BRAVES, OAKLAND ATHLETICS, ATHLETICS, ANGELS, ETC. ARE PERMITTED.

SHOES MUST BE WORN AT ALL TIMES.

CLOTHES SHOULD BE SECURE AND SUFFICIENT TO CONCEAL UNDERGARMENTS AT ALL TIMES. UNDERGARMENTS AS TOPS ARE NOT PERMITTED.

GUIDELINES FOR PHYSICAL EDUCATION AND ATHLETICS MUST BE FOLLOWED IN ALIGNMENT TO COURSE EXPECTATIONS.

*****STUDENTS IN VIOLATION OF DRESS CODE POLICY WILL BE CONTACTED AND THE APPROPRIATE COURSE OF ACTION IN ADDRESSING THE CONCERN WILL BE ISSUED.*****



SCHOOL SITE COUNCIL: CONSIDER JOINING OUR SCHOOL SITE COUNCIL! IN NEED OF 2 PARENTS, 6 STUDENTS, AND 4 CERTIFICATED. SSC IS AN ELECTED GROUP OF PARENTS, TEACHERS, AND STUDENTS WHO WORK WITH THE PRINCIPAL TO DEVELOP, REVIEW AND EVALUATE SCHOOL IMPROVEMENT PROGRAMS AT SCHOOL. PLEASE CONTACT ERIN SHEAN AT: ERIN.SHEAN@VENTURAUSD.ORG FOR MORE INFO.



Check out new chromebooks in the library before, after school, nutrition or lunch.



Ventura High School Counseling Parent Information Nights 2023 Noches de información para padres 2023		
Thursday, September 21 Junior/Senior Parent Night @ 6:30 pm VHS Cafeteria	Monday, October 2nd Freshman/Sophomore Parent Night @ 6:30 pm VHS Cafeteria	Lunes, 2 de Octubre Grados 9 a 12 Presentación en español @ 6:30 pm VHS Library/Biblioteca
Connections will cover: <ul style="list-style-type: none"> High school graduation and college entrance requirements Making the most of high school experience Financial literacy options Financial aid & scholarships Time of the parent/guardian The role of the school counselor 		
En Conexión: hablar de acerca de: <ul style="list-style-type: none"> Requisitos de graduación de high school y para admisión a la universidad Apoyándose de la experiencia de high school Opciones para después de high school Alfabetización y finanzas El papel del padre/madre en la educación de su estudiante El papel del consejero escolar en la educación de su estudiante 		

Ventura High School's Wellness Center is a place for mental health support and prevention. We offer several support groups and connections to outside resources, and we are a safe place to go before school, nutrition, and lunch. Come on by and check it out!

VHS Cares.
[vhs.wellness](https://www.vhs.wellness)



ASSETs REGISTRATION INFORMATION: NO SCHOOL TRANSPORTATION AT THE CONCLUSION.

UNEXCUSED TARDIES/ABSENCES:
 Daily automated calls for tardies and absences. Students will be obligated to attend detention and/or Saturday school to attend school dances/senior activities/field trips if they have excessive unexcused absences or tardies.
 Saturday schools will be assigned and notifications to families will be sent.
 Detention will be student initiated in fulfilling their obligations prior to upcoming school events (dances, senior activities and field trips).
DETENTION/SATURDAY SCHOOL CRITERIA:
 After 6 tardies students will serve detention for any tardy thereafter or an obligation will be noted.
 After 9 unexcused class absences, a student will need to serve a Saturday School to clear them.
DETENTION CLEARS 2 TARDIES.
SATURDAY SCHOOL CLEARS 3 UNEXCUSED PERIOD ABSENCES OR 1 FULL UNEXCUSED DAY ABSENCE.
ABSENCES MUST BE CLEARED WITHIN 5 DAYS OF THE OCCURRENCE AS STATED ON THE VUSD ATTENDANCE HANDBOOK.
 *** If more accumulated, additional detentions/Saturday Schools will need to be served.***



Learning is required