



VHS WEEKLY UPDATE



Ventura High School - 1/10/2022



CONGRATULATIONS TO OUR ALL STATE HONOR BAND & ORCHESTRA STUDENTS!

- Kylie Cloutier - Flute
- Kate Fallon - Oboe
- Julian Gray - Tuba
- Martie Pecht - Bassoon
- Mattie Rowlands - Double Bass
- Addie Ragsdale - Clarinet
- Kyler Shinn - Double Bass
- Adam VanLeeuwen - Trombone
- Reese Whitley - Tenor Saxophone



VHS FOOTBALL:

If you are interested in playing football for the upcoming 2022 season, you need to attend the player information meeting on Wednesday, January 19 during lunch at the Larabee stadium. See Coach Garcia in room 31 if you have questions.

SPORT TRYOUTS

VHS BOYS GOLF:



Stop by Coach Norris Room 24 to sign up for Boy's Golf Unofficial practices going on at Olivas Links afterschool Mon-Thurs Try outs and Preseason start Monday January 31st (after finals week)



PTSA NEWS

PTSA's next general meeting is on Tuesday, January 11 at 7 PM via zoom. We have grown to 416 members at VHS this year. If you haven't signed up to be a member yet, it's not too late. Sign up information is available on the Parent Page on the VHS website.

PTSA is pleased to support the VUSD Cheers for Children fundraiser with a donation of \$150.

VHS Seniors may apply for a CA State PTA Scholarship. Applications are due Feb 1st. Go to CAPTA.Org to apply under the category of "programs and events." Students with past volunteer service are especially encouraged to apply.

Please "like" our Facebook Page for more updates: Ventura High PTSA



MASKS:

Masks are required for indoor events. If mask policy is not followed, attendees will be asked to leave the event. This requirement is in alignment to VCPH and district guidelines.



ROP AUTO FIELD TRIP: PETERSEN AUTOMOTIVE MUSEUM

Our Foreign Language Dept. and our students participated in caroling on the last day of school for 2021. They sang songs from their various classes, which included: Los Peces en el Rio (Spanish), Jingle Bell Rock (Italian), Vive le Vent (Jingle Bells in French), and many more. A special thank you for our foreign language teachers who hosted the event in the portables, on Polo St. and the Senior Lawn!

ELAC: NEXT MEETING, FEB. 8 @ 6 P.M.

Our January ELAC meeting has been cancelled. Our next meeting will take place on Tuesday, February 8 at 6 P.M. via Zoom. More information to come.

TUTORING IS AVAILABLE

The schedule is:
Knowles: Every Mon.-Fri.(Lunch): Core content for Special Ed Prgrms.
Cougard: Every Thursday, Period 1 for French
Maxwell: Every Tues./Thurs. (Lunch) & Wed. (6 P.M. - 7:30 P.M.) for Science
Rivera: Every Mon.- Fri. (Lunch) for Math
Jones: Every Mon-Fri Lunch and Period 6: English (rm 209)
Reynosa: Before school, every lunch, and after Period 6 (room 64)

Social Media Outlets:

Instagram: @venturahscougars
Twitter: @VHSVenturaHigh

SATURDAY SCHOOL DATES:

- January 22
- February 26
- March 26
- April 23
- May 21



2021-2022 VENTURA HIGH SCHOOL INVITES YOU TO OUR ENGLISH LEARNER ADVISORY COMMITTEE (ELAC)

Tuesdays at 6 P.M. on ZOOM

September 7
October 5
November 2
December 7
January 11
February 8
March 6

More news will come regarding hearing meetings in person.

BOYS VARSITY BASKETBALL: SNAPSHOTS FROM THIS WEEK





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BRING YOUR CHROMEBOOK TO SCHOOL EVERY DAY STUDENT STORE:

VHS does not have one-day loan chromebooks for students who forget to bring their chromebooks to school, but students are welcome to come to the library and use one of the desktop computers. Just like textbooks, students are checked out one chromebook each.

We encourage teachers to let the front office staff know if they need additional devices so we can support our students with tech to access the curriculum.



Hours:
Open 7:45 A.M.-3:30 P.M.
Includes: Nutrition Break and Lunch
(Closed 11:30 A.M. -12:30 P.M. & hours may vary depending on school wide events or athletics)

*STUDENTS need ID for ALL transactions Please!



VHS CAMPUS-WIDE EVENTS
COURTESY OF ASB
JANUARY '22

MON 3	WELCOME BACK, COUGARS! SCHOOL RESUMES
TUES-SUN 4-9	REGISTRATION OPEN
WED - FRI 3-21	SENIOR BALL TICKETS ON SALE FLAT PRICE FOR COUPLES: \$125 FLAT PRICE FOR SINGLES: \$70
WED 5	ZOOM REGISTRATION HELP WITH COUNSELORS, COUGARS, CHECK YOUR SCHEDULE DATES. FROM 1/3 - 1/7 ALL STUDENTS CAN RECEIVE HELP AT LUNCH WITH THEIR COUNSELORS ON THE SENIOR LAWN.
MON-TUES 10-18	STUDENTS WILL CONFIRM THEIR SCHEDULE REQUESTS W/COUNSELORS
MON 17	MARTIN LUTHER KING DAY DISTRICT CLOSED
WED 19	INFORMAL SHOWCASE #1
FRI 21	JAZZ CONCERT @ 7 P.M.
WED-FRI 26-28	SEMESTER FINALS/MINIMUM DAYS
MON 31	TEACHER IN-SERVICE DAY
ALL MONTH	CLUB MEETINGS FOR: • DEBATE CLUB • NATIONAL ART HONOR SOCIETY • FILM CLUB • SSB • MODEL UN • SFC • STUDENT RUNNERS • FOLLOWUP OF CHRISTIAN ATHLETES • POSEIDON CLUB • BASKETBALL CLUB • CHESS CLUB • LATINO HERITAGE CLUB • SGA • MOUNTAIN VIEW BRANCH • JAZZ & MUSIC IN SENIOR CULTURAL APPRECIATION CLUB • KEY CLUB • CHAT

LET'S BE KIND COUGAR FAMILY!

Modeling behavior that displays treating others with dignity & respect, supports a safe and caring school environment. This is the "high expectation" for students, staff and parents.

SAP (Student Assistance program)

If you are struggling with a family member or anyone close to you that is doing drugs/alcohol, the SAP Counselors are starting an Alateen group to help you! Please see the SAP Counselors to be invited!

Stay tuned for groups starting next semester!

- Grief
- stress management
- Art with Heart
- Self-Compassion
- Alateen



SENIOR BALL HAS BEEN MOVED TO FEB. 2022. MORE DETAILS TO COME.



VENTURA HS

Health & Safety Protocols

- VUSD testing allows VUSD staff to reach out to students or staff members who test positive. If one tests positive from VUSD testing, then a health staff member will be in contact to discuss your status.
- A PCR test taken at a non VUSD location is NOT reported to VUSD, therefore please ensure the following if a positive result is received:
 - o Do not attend school
 - o Notify health services at 805.641.5116 x 1028

If you receive a positive result on a home test, do not come to school and proceed to a PCR test. You can also contact the VHS health services office for additional guidance. Contact: Julianna Samoff (school nurse) and Betty Kelsch (health tech) at 805.641.4115 x 1028

Please utilize the VUSD: COVID-19 Resources & Information page at: <https://www.venturausd.org/covid.aspx>
Here you will find information on:

- VUSD Weekly testing sites & how to register
- Dashboard
- COVID-19 School Guidance Checklist

If you are sick and/or display any COVID symptoms (fever, headache, sore throat, coughing, and stomach ache), please stay home as a precaution.

Proper mask wearing while indoors (i.e. classrooms/library/cafe/tertia/gym) is required in alignment with VUSD and VCPH COVID safety protocols. Proper hand sanitizing and hand washing is encouraged.

Athletics: All indoor sporting events will be limited to four spectators per athlete. Spectator names will be monitored through an athlete submission process. This is effective for the month of January pending new information.



COVID TESTING

COVID TESTING CALENDAR - please note the testing sites and times may have changed

January 3 - January 14

DAY/TIME	SCHOOL SITES	LOCATION	WHO CAN TEST	CONSENT	SUBMITTING RESULTS
Monday, 1/3 2:30-3:30 for student athletes only 3:30-4:00 for staff only 4:00-5:30 open to students and staff	VHS BHS	Auditorium Foyer Staff lounge by cafeteria	Open to VUSD employees and students ONLY No appointment needed	Sign consent through Primary Health prior to first test (students only) New staff contact (805)794-3921 https://my.primary.health/vh/arc/usa-usd?registration_type=student	Employees who are REQUIRED to test must submit your results to covidtestresults@venturausd.org
Tuesday, 1/4 2:30-3:30 for student athletes only 3:30-4:00 for staff only 4:00-5:30 open to students and staff	Cabrillo Balboa	Cafeteria Staff Lounge	Open to VUSD employees and students ONLY No appointment needed	Sign consent through Primary Health prior to first test (students only) New staff contact (805)794-3921 https://my.primary.health/vh/arc/usa-usd?registration_type=student	Employees who are REQUIRED to test must submit your results to covidtestresults@venturausd.org
Wednesday, 1/5 3:30-4:00 pm for staff only 4:00-5:30 open to students and staff	DATA Anacapa	Outdoor eating area Room 123	Open to VUSD employees and students ONLY No appointment needed	Sign consent through Primary Health prior to first test (students only) New staff contact (805)794-3921 https://my.primary.health/vh/arc/usa-usd?registration_type=student	Employees who are REQUIRED to test must submit your results to covidtestresults@venturausd.org
Wednesday, 1/5 2:30 pm - 3:45 only	ESC Salvia testing	Room 240	Please call (805)794-3921 for an appointment if not already on the schedule	Consent form required the first time you test - valid through school year	Employees who are REQUIRED to test must submit your results to covidtestresults@venturausd.org
Thursday, 1/6 2:30-3:30 for student athletes only 3:30-4:00 for staff only 4:00-5:30 open to students and staff	VHS BHS	Auditorium Foyer Staff Lounge by cafeteria	Open to VUSD employees and students ONLY No appointment needed	Sign consent through Primary Health prior to first test (students only) New staff contact (805)794-3921 https://my.primary.health/vh/arc/usa-usd?registration_type=student	Employees who are REQUIRED to test must submit your results to covidtestresults@venturausd.org
Friday, 1/7 3:00-3:30 pm for student athletes only 3:30-5:30 open to students and staff 3:00-5:30 open to students and staff	FTHS E.P. Foster	Activity Room (Black Box) Room 13	Open to VUSD employees and students ONLY No appointment needed	Sign consent through Primary Health prior to first test (students only) New staff contact (805)794-3921 https://my.primary.health/vh/arc/usa-usd?registration_type=student	Employees who are REQUIRED to test must submit your results to covidtestresults@venturausd.org