



2019

# Ventura High School Cougar Country

2020



## Bulletin for September 3

**Come get your V-House T-shirt for \$5 in the ASB room! (113)**

**Work Permits:** All students who are currently working and under 18yrs need to stop by Rm 107 for a work permit.

### Mock Trial tryouts:

Wednesday and Thursday, September 4 & 5 from 3:30 – 5:30pm in room 112. For any questions email: [miriamarichea@yahoo.com](mailto:miriamarichea@yahoo.com)

**Students,** if you have any schoolbooks at home that are overdue, please bring them to the library as soon as possible. Please turn in any books you do not need for your classes this year and get your library account cleared.

### Academic Decathlon Info and sign-ups:

Wednesday – Thursday, September 4 & 5 in room 112 from 3:30 – 5:30pm. For questions, email: [miriamarichea@yahoo.com](mailto:miriamarichea@yahoo.com)

### Staff

Restorative circle large group example video:

[https://youtu.be/mGcy31\\_aPPU](https://youtu.be/mGcy31_aPPU)

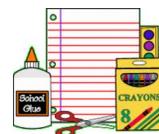
### Upcoming events:

- Back to School Night- September 17th 6:30pm – 8:40pm
- September 30<sup>th</sup> & October 1<sup>st</sup> - No School

**We have space in Medical Terminology.** The class meets on Tuesday afternoons, from 3:45 pm to 5:30 pm, plus online, on our campus. See your counselor or Mrs. Roberts in the College and Career Center for more info.

**ACT Test:** The ACT test will be administered at VHS on September 14. Sign up online. See Mrs. Clobes in room 212 if you have any questions.

**California Scholarship Federation:** Applications are available for Spring 2019 semester grades. Junior or Seniors please stop by room 206 to pick up an application. Applications are due September 13, 2019



Need school supplies or a backpack? Come see Mrs. Tropper in the main office.

Turn over for more news!



*C.O.U.G.A.R.*

*O = Optimistic*

*Community builders*



Monday	Tuesday	Wednesday	Thursday	Friday
Do something constructive to improve a difficult situation	Take the first step towards a goal that really matters to you	Be a realistic optimist. See life as it is, but focus on what's good	Focus on a positive change that you want to see in society	Make progress on a project or task you have been avoiding



## School field trips



DATE	TIME	TEACHER/ COORDINATOR	DESTINATION	# OF STUDENTS
9/7 – 9/8	8:00am – 4:00pm	Lewandoski	Atascadero, CA	6
10/18	9:30am - 1:00pm	Cohen	Century 10 Downtown	100

## Career Center

The College & Career Center is looking for a few energetic 11<sup>th</sup> and 12<sup>th</sup> grade students to join our Ambassador Team. Ambassadors will serve as liaisons between the College & Career Center and the larger student community. This is a dynamic opportunity to develop creativity, leadership, and organizational skills. This will be a full one-year commitment (about 5 hours per month). See Mrs. Roberts for more info. Deadline to apply is September 9<sup>th</sup>.

**Project Understanding** is looking for volunteer tutors to work with elementary students at the Temple Beth Torah Tutoring Center. Two sessions a day: 3:00-4:00 pm and 4:00-5:00 pm. Come to the College & Career Center for more info and to find additional volunteer opportunities.

### College/ University Visits:

**Loyola Marymount University** will be here September 4th, during period 1.

**Occidental College** will be here September 4th, during period 2.

**George Mason University** Will be here September 5th, during period 2.