



2019

Ventura High School Cougar Country

2020



Bulletin for October 18

VC Open House: Learn about Ventura College’s Career Education Programs at their Open House on Wednesday, October 23 from 5:00-7:00 pm. Participating programs include agriculture, architecture/drafting, automotive technology, medical assisting, welding, and nursing. Register at <https://vccareeropenhouse.eventbrite.com>.

The Ventura Area College Fair is November 6th at 6:00 pm at Buena High School gymnasium. There will be over 60 colleges and universities; including UC campuses, CSU campuses, community colleges and private universities from across the country. There will be workshops on NCAA athletics, College Admissions testing, Study Opportunities in the UK, and more. All VUSD families are invited.

VHS Theater Department presents the What? Improv Troupe this Friday & Saturday, October 18 & 19 on the main stage. Live music @ 6:30 pm; Improv show at 7:00pm. Tickets at door \$5 for students, \$7 for adult and \$10 VIP.

October is National Anti-bullying month. As part of your daily bulletin for this month, you will be given a new statistic with each bulletin. Please use these statistics to have a conversation with your friends/classmates/teachers/family/community on how you –and they- can be part of the solution against bullying behavior. Here is today’s statistic:

- ✚ Bullied students reported that bullying occurred in the following places: the hallway or stairwell at school (42%), inside the classroom (34%), in the cafeteria (22%), outside on school grounds (19%), on the school bus (10%), and in the bathroom or locker room (9%) ([National Center for Educational Statistics, 2016](#)).

Upcoming events:

- October 18- Fall Backstage Café Improv Show, Auditorium 7:00pm
- October 22- Minimum day. 12:02pm dismissal
- October 25- Ventura vs Buena Games
- October 28 – November 1- Fall break

C.O.U.G.A.R.

O= Optimistic

Community builders



Monday

Set hopeful but realistic goals for the week ahead

Tuesday

Do something to overcome an obstacle you are facing

Wednesday

Share your most important goals with people you trust

Thursday

Thank yourself for achieving the things you often take for granted

Friday

Make a list of things you are looking forward to on the weekend



School field trips



DATE	TIME	TEACHER/ COORDINATOR	DESTINATION	# OF STUDENTS
10/18	9:30am - 1:00pm	Cohen	Century 10 Downtown	100
10/18	10:00am - 11:00pm	G. Murphy, Rickard	Pleasant Grove High School	16
10/21	8:15am - 3:30pm	Minadeo	Getty Villa Museum	60
10/23	9:40am-12:00pm	Clobes	Ventura County Medical Center	6
10/23	10:45am-12:40pm	Sovich	Ventura County Medical Center	6

Career Center

Scholarships

Become an Edison Scholar. Edison International is awarding \$40,000 college scholarships to 30 high school seniors to help them follow their dreams in science, technology, engineering or math (STEM)

Eligibility requirements include:

- Must be a high school senior and show financial need
- Have a minimum 3.0 GPA
- Live in Southern California Edison's service area
- Plan to attend a four-year college or university and pursue studies in science, technology, engineering or math (STEM)

Apply now: October 1 – December 16. For details and to apply, please visit edisonscholars.com.

Texas A & M University- Brockman Scholars Program is looking for Seniors interested in STEM & Business Scholarships. This is a merit-based full-ride that covers five years of study at the College Station campus of Texas A & M University. Apply at www.brockmanfoundation.org Deadline December 1, 2019.

College Visits:

October 23- Ohio Wesleyan University, period 5

October 24- Concordia University- Portland, Period 7

October 25- Whitworth University- Period 3

October 25- Portland State University, period 4