



VHS WEEKLY UPDATE



Ventura High School - 2/10/2023

LCAP INPUT SURVEY

Dear Cougar Families,

The Ventura Unified School District needs your input on how to spend approximately 18 million dollars of our budget to support our Local Control Accountability Plan (LCAP) goals for the upcoming 2023-24 school year as required by the state of California:

1. Increase student achievement for all students while decreasing performance gaps.
2. Provide a safe and secure environment for all staff and students.
3. Increase parent and community involvement.

The LCAP Input Survey will be open February 10th through February 20th.

Please scan the QR code to take the survey.



Photos Courtesy of @vhs.girlswaterpolo.

CONGRATULATIONS TO GIRLS WATER POLO! THEY PLACED 4TH IN CHANNEL LEAGUE DIVISION 2.



CONGRATS TO OUR MOCK TRIAL TEAM! THANK YOU FOR ALL YOUR HARD WORK AND DEDICATION!



Photos Courtesy of @venturacounty.



SNAPSHOTS OF OUR MOST RECENT FIELD TRIPS!



Photos Courtesy of Patricia Roberts.



EDUCATION LEADERSHIP CAREER CONFERENCE @ UCSB- FEB 4



Photos Courtesy of Patricia Roberts.

UNITED BY EXCELLENCE CONFERENCE @ CAL POLY SLO- FEB 3



SENIORS & FAMILIES, DROP IN AT ANY TIME FOR FAFSA/CADAA ASSISTANCE!

Financial Aid FEBRUARY

February 11 - CASH 4 College
9am to 12noon @ Ventura College (Main Campus)

February 16 - Financial Aid Workshop,
5pm-7pm @ VHS Library

February 25 - CASH 4 College
9am to 12noon @ VC East Campus (Santa Paula)

WHAT TO BRING TO WORKSHOPS:

- 2021 STUDENT/PARENT TAX INFORMATION
- SOCIAL SECURITY NUMBERS (OR DACA NUMBER) FOR STUDENT/PARENTS, IF YOU HAVE ONE
- DRIVER'S LICENSE, IF YOU HAVE ONE



FAFSA: [WWW.FAFSA.GOV](http://www.FAFSA.GOV)
CA DREAM ACT: DREAM.CSAC.CA.GOV

FEBRUARY 17-20 SCHEDULE

- TUESDAY: PERIODS 1, 3, 5 AND 7
- WEDNESDAY: PERIODS 2, 4, 6 AND 7
- THURSDAY: PERIODS 1, 3, 5 AND 7
- FRIDAY: PERIODS 2, 4, 6 AND 7



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2023 NATIONAL YOUTH SCIENCE CAMP

The California Department of Education (CDE) is pleased to announce that applications are open for the 2023 National Youth Science Camp (NYSC) for high-achieving, science-oriented students.

Hosted by the National Youth Science Academy, the NYSC is an annual residential science, technology, engineering, arts, and mathematics (STEAM) program for high school students designed to honor and challenge some of the nation's rising leaders and provide them with opportunities to engage with STEAM professionals and participate in exciting outdoor activities. Typically, two delegates are selected to attend camp from each state and the District of Columbia. The NYSC is offered to selected participants at no cost so that talented students may attend regardless of their financial ability.

The 2023 NYSC will be a hybrid experience, with the first five days fully virtual (June 19–June 23) followed by 2.5 weeks in person (June 24–July 12) in the Monongahela National Forest in West Virginia. This year, the NYSC will be open to both graduating seniors as well as juniors. Selected delegates must commit to attending the full camp including both the virtual and in-person portions of camp.

Applicants must also meet the following requirements:

- Graduate from high school between July 1, 2022, and June 30, 2024.
- Documented superior academic proficiency, including recognition in STEAM.
- Recognition for notable achievements in STEAM program areas.
- Skills and achievements outside of STEAM and academia.
- Demonstrated curiosity and eagerness to explore new topics.
- Intend to pursue higher education and a career in a STEAM-related field.
- Be willing and able to participate daily for the entire duration of the NYSC program.
- Be fully vaccinated for COVID-19 with at least one booster before attending the in-person portion of camp. Official documentation of vaccination status will be required if selected to attend the NYSC.

A centerpiece of the NYSC is the keynote lecture series presented by prestigious STEM professionals who are making a difference in their fields of study as well as interactive seminars and multi-day mini-courses. Delegates will have opportunities to engage in meaningful discussions and experiences with presenters and other participants.

The completed application and supporting materials must be submitted on the National Youth Science Academy's NYSC Application (U.S. Applicants) web page at:

<https://www.nysacademy.org/programs/nyscamp/2023-national-youth-science-camp-application/> by 6 p.m. EST on Tuesday, February 28, 2023.



Photos Courtesy of the Ventura High School Counseling Website.

We Appreciate You!

Thank you to our counselors for all that you do each day!

- Ms. Anderson
- Ms. Freeman
- Mr. Castillo
- Ms. Frias
- Ms. Dath
- Ms. Raney
- Mr. Favero
- Ms. Roberts
- Mr. Francis
- Ms. Weaver



VHS FRONT OFFICE HOURS: Mon-Fri, 7:45 A.M. - 4:15 P.M.
NEW VHS LIBRARY HOURS!: Mon-Fri, 8 A.M. to 4 P.M.



SATURDAY SCHOOL DATES:

- March 4
- March 18
- April 15
- May 20

*Please make sure to review student attendance and recover unexcused absences as appropriate.



ELECTRICAL BIKE & SCOOTER SAFETY
Electrical bike/scooter students who are not properly and safely operating their motorized devices will be contacted by administration and progressive discipline steps will be taken as appropriate. We want to ensure the safety of our student on campus.

UNEXCUSED TARDIES/ABSENCES:

Daily automated calls for tardies and absences. Students will be obligated to attend detention and/or Saturday school to attend school dances/senior activities/field trips if they have excessive unexcused absences or tardies.

Saturday schools will be assigned and notifications to families will be sent. Detention will be student initiated in fulfilling their obligations prior to upcoming school events (dances, senior activities and field trips).

DETENTION/SATURDAY SCHOOL CRITERIA:

After 6 tardies students will serve detention for any tardy thereafter or an obligation will be noted.

3 unexcused period absences (more than 30 minutes late)
Full day unexcused absence

DETENTION CLEARS 2 TARDIES.

SATURDAY SCHOOL ATTENDANCE CLEARS 6 TARDIES FOR EXTRA-CURRICULAR ACTIVITIES (NOT OFFICIAL ATTENDANCE), 3 UNEXCUSED PERIOD ABSENCES OR 1 FULL UNEXCUSED DAY ABSENCE.

*** If more accumulated, additional detentions/Saturday Schools will need to be served.***



PURCHASE TICKETS ONLINE FOR ATHLETIC EVENTS!

SAP PROGRAMS FOR STUDENTS

If you are interested in a group, go to the SAP office.

- Alateen
- Drugs/Alcohol
- Anxiety
- Grief
- LBGTQ

Social Media Outlets:

Instagram: @venturahscougars
Twitter: @VHSVenturaHigh

ATHLETIC EVENTS

Ventura High School Athletic Events

Day	Date	Sport	Opponent	Location	Time	Bus
Fri	2/20/23	Boys Wrestling	CF Individuals	Westminster HS	11:00 AM	
		Girls Wrestling	CF Individuals	Canyon Springs HS	11:00 AM	
Sat	2/21/23	Boys Wrestling	CF Individuals	Westminster HS	11:00 AM	
		Girls Wrestling	CF Individuals	Canyon Springs HS	11:00 AM	
		Girls Beachball	San Clemente	Away	7:00 PM	2:15 PM
		Girls Water Polo	Santa Clara	Home	4:00 PM	
Fri	2/15/23	Varsity Baseball	Thousand Oaks	Away	11:00 AM	
		JV Baseball	Thousand Oaks	Home	11:00 AM	

Ventura High School Athletic Events

Day	Date	Sport	Opponent	Location	Time	Bus
Mon	2/13/23	Varsity Baseball	Moapa	Away	3:00 PM	
		JV Baseball	Moapa	Home	3:00 PM	
Tues	2/14/23	Varsity Baseball	La Canada	Home	3:00 PM	12:15 PM
		Boys Tennis	St Bonaventure	Vent Call	3:00 PM	1:45 PM
Wed	2/15/23	Girls Beach Volleyball	Arroyo Grande	Home	2:30 PM	
		JV Baseball	Des Puellos	Home	3:00 PM	
Thur	2/16/23	Varsity Baseball	Easton Torrey	TBA	3:00 PM	
		JV Baseball	Easton Torrey	TBA	3:00 PM	
		Boys Tennis	Camarrillo	Home	3:00 PM	
		Girls Beach Volleyball	Camarrillo	Home	2:30 PM	
Fri	2/17/23	Boys Golf	Spanish Hills Invite	Spanish Hills CC	TBA	
		F/5 Baseball	Calabran	Away	3:00 PM	12:45 PM
		Varsity Softball	Santa Clara	Vent Call	4:00 PM	
		Boys Wrestling	CF Individuals	Westminster HS	11:00 AM	
Sat	2/18/23	Varsity Baseball	CF Individuals	Canyon Springs HS	11:00 AM	
		JV Baseball	Easton Torrey	TBA	3:00 PM	
		Varsity Softball	Easton Torrey	TBA	3:00 PM	
		Varsity Softball	St Bonaventure	Vent Call	10:00 AM	
Fri	2/18/23	Varsity Softball	Football Tech	Vent Call	1:00 PM	
		Varsity Softball	Football Tech	Vent Call	1:00 PM	

VENTURA HIGH SCHOOL FREE TUTORING

Please check out the tutoring opportunities available at Cougar Country.

Teacher	Room	Subject	Time	Date
Rigo Rivera	56	Math (All Levels)	Lunch	Mon-Fri except 4th Fri. of the month
Jared Honda	24	Math (All Levels)	7:30 A.M. - 8:30 A.M.	Mon - Fri
Chris Jaquette	66	Physics, Chemistry & Earth Science	2:45 P.M. - 4:45 P.M.	Wednesdays
Karen Reynosa	64	Chemistry	1st & Lunch	Mon - Fri
Erin Jones	209	English	Lunch & 7th Period	Mon - Fri